

FINAL ANSWER KEY

Question 7/2026/OL

Paper Code:

Category 671/2023

Code:

Exam: Junior Instructor Cosmetology

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Department Industrial Training

Question1:-Which is used to remove hangnails and dead skin cells around the cuticle?

A:-Cutticle knife

B:-Cutticle nipper

C:-Emery board

D:-Cutticle cutter

Correct Answer:- Option-B

Question2:-First stage of hair growth cycle?

A:-Telogen

B:-Anagen

C:-Exogen

D:-Catagen

Correct Answer:- Option-B

Question3:-What treatment is used to increase elastin production?

A:-Galvanic treatment

B:-Cosmetic therapy

C:-High frequency

D:-Laser therapy

Correct Answer:- Option-C

Question4:-Method of destroying micro-organisms with the help of steam

A:-Contamination

B:-Sterilisation

C:-Sanitisation

D:-Chemical peeling

Correct Answer:- Option-B

Question5:-Medical term of white nail or milk spot

A:-Leukonychia

B:-Onychophagy

C:-Hang nail

D:-Onychia

Correct Answer:- Option-A

Question6:-_____ is not a characteristics of a beauty therapist.

A:-Having a knowledge about products

B:-Positive body language

C:-Clean personal appearance

D:-Being a hurry

Correct Answer:- Option-D

Question7:-Which wax can be used to remove hair from arms and legs?

A:-Soft waxing

B:-Hard waxing

C:-Fruit waxing

D:-Chocolate waxing

Correct Answer:- Option-A

Question8:-Study of nail

A:-Onychology

B:-Onchology

C:-Dermatology

D:-Trichology

Correct Answer:- Option-A

Question9:-_____ is used to trim the excess cutticle.

A:-Cutticle cutter

B:-Cutticle nipper

C:-Cutticle cream

D:-Cutticle pusher

Correct Answer:- Option-B

Question10:-Contra - indications of pedicure

- i. Multiple warts
- ii. Rough skin
- iii. Fungal infection
- iv. Improving the appearance of feet.

A:-i, ii and iii

B:-ii, iii and iv

C:-i, iii, iv

D:-ii, i, iv

Correct Answer:- Option-A

Question11:-Purpose of manicure

- i. Prevent hang nail formation
- ii. Discourage wrinkles of skin
- iii. Discourage foot ailments
- iv. Prevent nail damages

A:-i, ii and iii

B:-ii, iii and iv

C:-i, ii and iv

D:-iv, ii, i

Correct Answer:- Option-C

Question12:-What are the limitations of threading?

- i. The effects of threading lasts for 1-2 weeks
- ii. Avoid threading on area with pimples or ache.
- iii. Quicker and safer than waxing.
- iv. On sensitive skin, there can be redness or rashes.

A:-i, ii and iii

B:-ii, iii and iv

C:-i, ii and iv

D:-i, iii and iv

Correct Answer:- Option-C

Question13:-Which lotion is applied after threading?

A:-Lacto Calamin lotion

B:-Astringent lotion

C:-Acetone lotion

D:-Toner

Correct Answer:- Option-B

Question14:-Which method of hair removal is cream or lotion?

A:-Depilation

B:-Epilation

C:-Laser

D:-Electrolysis

Correct Answer:- Option-A

Question15:-What is the purpose of sterilising tools?

A:-Remove dirt and dust

B:-Prevent contamination and infection

C:-Clean the equipment

D:-Prevent damages

Correct Answer:- Option-B

Question16:-What are the advantages of bleaching?

- i. It gives instant result
- ii. Lightening the skin tone
- iii. Removing sun tan
- iv. Increase blood circulation

A:-i, ii and iii

B:-i, ii and iv

C:-ii, iii and iv

D:-ii, iii and i

Correct Answer:- Option-A

Question17:-Difficulties of telephone communication

- i. Not seeing the other person
- ii. Noise in the back ground
- iii. Language problem
- iv. Listen for body language

A:-ii, i, iii

B:-ii, iii and iv

C:-i, iii and iv

D:-ii, i and iv

Correct Answer:- Option-A

Question18:-Which wax is suitable for sensitive skin?

A:-Fruit wax

B:-Chocolate wax

C:-Soft wax

D:-Sugar wax

Correct Answer:- Option-A

Question19:-Which method is temporarily straightens or curls hair?

A:-Blow drying

B:-Rebonding

C:-Ironing

D:-Perming

Correct Answer:-**Question Cancelled**

Question20:-Powder blush is suitable for

A:-Oily skin

B:-Normal skin

C:-Allergic skin

D:-All the above

Correct Answer:- Option-D

Question21:-Outer most layer of the skin

A:-Epidermis

B:-Dermis

C:-Sub-dermis

D:-Hypodermis

Correct Answer:- Option-A

Question22:-What are the responsibilities of beauty therapist?

- i. Suggest a suitable service to client.
- ii. Organise the products and equipments.
- iii. Adequate ventilation and light
- iv. Clean skin after procedure.

A:-ii, i and iii

B:-ii, iii and iv

C:-iii, iv and i

D:-i, iv and ii

Correct Answer:- Option-D

Question23:-What are the personal protective equipments related to beauty parlour?

- i. Apron
- ii, Gloves and head cover
- iii. Uniform
- iv. Shoes and mask

A:-i, ii and iii

B:-ii, iii and iv

C:-iv, i, ii

D:-i, iv and iii

Correct Answer:- Option-C

Question24:-The electrical facial treatment is also called as

A:-Galvanic treatment

B:-Cosmetic electrotherapy

C:-High frequency

D:-Faradic treatment

Correct Answer:- Option-B

Question25:-Which fibre provide flexibility and resilience to the skin?

A:-Collagen

B:-Elastin

C:-Keratin

D:-Melanin

Correct Answer:- Option-B

Question26:-Which cosmetic can be used to prevent wrinkles?

A:-Massaging cream

B:-Moisturizer

C:-Vitamin-E oil

D:-Olive oil

Correct Answer:- Option-B

Question27:-Which chemical is used for gaseous sterilisation?

A:-Ethylene oxide

B:-Hydrogen peroxide

C:-Gultaral dehyde

D:-Hypochloritus

Correct Answer:- Option-A

Question28:-What are the three types hair colours?

i. Temporary hair colour

ii. Permanent hair colour

iii. Long lasting hair colour

iv. Semi permanent hair colour

A:-i, ii and iii

B:-ii, iii and iv

C:-iv, i and ii

D:-i, iii and iv

Correct Answer:- Option-C

Question29:-How to identify Dry skin?

i. Tight and rough skin

ii. Slowly losses elasticity

iii. Fine pores

iv. Sole of the feet develop cracks

A:-i, ii and iii

B:-ii, iii and iv

C:-iii, iv and i

D:-i, iii and iv

Correct Answer:- Option-C

Question30:-What are the benefits of bleaching?

A:-reducing dark spots and frekles

B:-brightening the skin

C:-lightening the facial hair

D:-all the above

Correct Answer:- Option-D

Question31:-Rubber band test is related to

- A:-Hair straightening
- B:-Hair smoothening
- C:-Perming
- D:-Ironing

Correct Answer:- Option-B

Question32:-Which are primary colours?

- A:-Orange, blue, yellow
- B:-Green, blue, yellow
- C:-Red, yellow, blue
- D:-Yellow, Red, Green

Correct Answer:- Option-C

Question33:-The scientific study of the skin

- A:-Anatomy
- B:-Anthropology
- C:-Dermatology
- D:-Sociology

Correct Answer:- Option-C

Question34:-Causes of Dandruff

- A:-Use of strong shampoos
- B:-Proper diet
- C:-Good hygiene
- D:-Hot weather

Correct Answer:- Option-A

Question35:-Dermis is the _____ layer of the skin.

- A:-Lower most
- B:-Middle
- C:-Outer most
- D:-None of the above

Correct Answer:- Option-B

Question36:-Things to consider before cutting hair

- A:-Do not comb your hair completely
- B:-Dry hair thoroughly
- C:-Not following the head shape and guidelines
- D:-Always shampoo the clients hair before cutting

Correct Answer:- Option-D

Question37:-Which of the following is a skin disorder?

A:-Glaucoma

B:-Tinnitus

C:-Eczema

D:-Peripheral artery

Correct Answer:- Option-C

Question38:-Hot and cold air with the help of a hand drayer is known as

A:-Blow drying

B:-Hot oil massage

C:-Smoothaning

D:-Perming

Correct Answer:- Option-A

Question39:-_____ protects the skin from ultraviolet rays.

A:-Keratin

B:-Pigment

C:-Melanin

D:-Langerhans

Correct Answer:- Option-C

Question40:-When it becomes too oily the pores get blocked and oil comes out and dandruff results?

A:-Black head

B:-Sehorrhoea

C:-Age spot

D:-Acne

Correct Answer:- Option-B

Question41:-What is the function of the sweat glands?

A:-Regular metabolism

B:-Control your heart rate

C:-Control the function of organs

D:-Regular body temperature

Correct Answer:- Option-D

Question42:-Which of the following is not included in hair structure?

A:-Lunula

B:-Medulla

C:-Cuticle

D:-Cortex

Correct Answer:- Option-A

Question43:-Epidermis has _____ cells.

A:-Keratinocytes

B:-Melanocytes

C:-Langerhans

D:-All of the above

Correct Answer:- Option-D

Question44:-How much hair grow in a month?

A:-2.17

B:-1.27

C:-3.25

D:-2.25

Correct Answer:- Option-B

Question45:-Benefit of head massage

A:-Reduces blood circulation

B:-Reduces sleep

C:-Reduces mental health

D:-Reduces stress and anxiety

Correct Answer:- Option-D

Question46:-_____ is determining hair colour.

A:-Protein

B:-Minerals

C:-Melanin

D:-Nutrients

Correct Answer:- Option-C

Question47:-Implement used in Blow drying

A:-Steamer

B:-Hair spray

C:-Curler

D:-Crimper

Correct Answer:- **Question Cancelled**

Question48:-What skin type of a glycolic facial used for?

A:-Normal skin

B:-Dry skin

C:-Combination skin

D:-All skin types

Correct Answer:- Option-D

Question49:-Which of the following is a hair disorder?

A:-Half pink

B:-Baldness

C:-Cubbing

D:-Splinterhemorrhages

Correct Answer:- Option-B

Question50:-Which tool is best suited for deep cleansing?

A:-Foundation brush

B:-Cotton pad

C:-Electric brush

D:-None of the above

Correct Answer:- Option-C

Question51:-Which protein is needed for hair growth?

A:-Keratin

B:-Melanin

C:-Amelanism

D:-Coloration

Correct Answer:- Option-A

Question52:-Disease caused by a lack of Vitamin A

A:-Anemia

B:-Beri beri

C:-Rickets

D:-Night blindness

Correct Answer:- Option-D

Question53:-Basic requirements for healthy hair

A:-Always keep your hair dry

B:-Drinking plenty of water to flush toxic agents out of the body

C:-Avoid exercising

D:-Avoid eating foods rich in protein and vitamins

Correct Answer:- Option-B

Question54:-Disease caused by excess carbohydrates in the body

A:-Lungs disease

B:-Eye disease

C:-Skin disease

D:-Heart disease

Correct Answer:- Option-D

Question55:-The pH of normal skin ranges from

A:-5.5 to 5.8

B:-5.4 to 5.9

C:-4.5 to 5.5

D:-4.7 to 5.7

Correct Answer:- Option-C

Question56:-Benefits of facial massage

A:-Eliminates blood circulation

B:-Improves and maintains skin elasticity

C:-Lymphatic waste is not being removed

D:-Decreased muscular tone

Correct Answer:- Option-B

Question57:-Which is the inner most layer of the skin?

A:-Sub-dermis

B:-Epidermis

C:-Dermis

D:-Cortex

Correct Answer:- Option-A

Question58:-Which cosmetic is used to hide dark patches on face?

A:-High lighter

B:-Concealer

C:-Blush

D:-Primer

Correct Answer:- Option-B

Question59:-Name of Rajasthani saree style.

A:-Nivi saree style

B:-V pallu saree style

C:-Arabic Saree style

D:-Traditional saree style

Correct Answer:- Option-B

Question60:-Use of primer in make-up

A:-Create a uniform colour across the face

B:-Hide pimples and dark spots

C:-To fill little cracks and pores

D:-To enhance cheek bone

Correct Answer:- Option-C

Question61:-Glitter Mehendi is also known as

A:-Indian Mehendi

B:-Pakistani Mehendi

C:-Zardoshi Mehendi

D:-Arabic Mehendi

Correct Answer:- Option-C

Question62:-pH value of normal skin

A:-5.5 to 5.3

B:-5.5 to 5.8

C:-5.4 to 5.8

D:-5.3 to 5.8

Correct Answer:- Option-B

Question63:-Botanical term of mehendi

A:-Lawsonia inermis

B:-Mihindi

C:-Mendikha

D:-Myrtle

Correct Answer:- Option-A

Question64:-What is the T-zone area associated with combination skin?

A:-Cheek, nose, eyes

B:-Forehead, nose, cheeks

C:-Forehead, nose, chin

D:-Forehead, nose, eyes

Correct Answer:- Option-C

Question65:-Which bindi design is best on square, long and heart shape faces?

A:-Sun style bindi

B:-Halfmoon style bindi

C:-Party wear bindi

D:-Tribal bindi

Correct Answer:- Option-B

Question66:-Which is the ideal face shape?

A:-Normal shape

B:-Oval shape

C:-Heart shape

D:-Oblong shape

Correct Answer:- Option-B

Question67:-Which cosmetics can be used to prevent wrinkles?

A:-Massaging cream

B:-Moisturizer

C:-Vitamin- E oil

D:-Olive oil

Correct Answer:- Option-B

Question68:-Knot test is related to

A:-Bleaching

B:-Hair smoothening

C:-Hair straightening

D:-Waxing

Correct Answer:- Option-B

Question69:-Which protein present in nail?

A:-Melanin

B:-Keratin

C:-Colagen

D:-Anagen

Correct Answer:- Option-B

Question70:-Permanent hair removal method

A:-Electrolysis

B:-Laser

C:-Tweezing

D:-Intensive pulse light

Correct Answer:- Option-A

Question71:-Who invented micellar water to remove make-up?

A:-United States

B:-Persians

C:-French

D:-Africans

Correct Answer:- Option-B

Question72:-Which part of hair visible above the surface of the scalp?

A:-Hair root

B:-Hair shaft

C:-Cortex

D:-Medulla

Correct Answer:- Option-B

Question73:-Which are the primary colours?

A:-Orange, Blue, Yellow

B:-Red, Yellow, Blue

C:-Green, Blue, Yellow

D:-Yellow, Red, Green

Correct Answer:- Option-B

Question74:-Main ingredient of shampoo

A:-Zinc sulfate

B:-Sodium sulfate

C:-Sodium laureth sulfate

D:-Zinc phosphate

Correct Answer:- Option-C

Question75:-What is skin warming related to?

A:-Face clean-up

B:-Facial steaming

C:-Hair conditioning

D:-Hair colouring

Correct Answer:- Option-B

Question76:-Which cosmetic is used to highlight the cheek bones?

A:-Foundation

B:-Primer

C:-Rouge

D:-Highlighter

Correct Answer:- Option-C

Question77:-Which is sun-shine vitamin?

A:-Vitamin A

B:-Vitamin B

C:-Vitamin C

D:-Vitamin D

Correct Answer:- Option-D

Question78:-Technical term of dandruff

A:-Grey hair

B:-Pityriasis

C:-Trichology

D:-Retinole

Correct Answer:- Option-B

Question79:-Main ingredient in setting powder

A:-Sillica

B:-Talc

C:-Zinc oxide

D:-Kadin

Correct Answer:- Option-B

Question80:-Which of the following is called the resting period in the hair growth cycle?

A:-Anagen

B:-Telogen

C:-Exogen

D:-Catagen

Correct Answer:- Option-B

Question81:-Botanical term of henna plant

A:-Mendhika

B:-Lawsonia inermis

C:-Mihindi

D:-Myrtle

Correct Answer:- Option-B

Question82:-Rajasthani saree style is also known as

A:-Traditional saree style

B:-V pallu saree style

C:-Nivi saree style

D:-Arabic saree style

Correct Answer:- Option-B

Question83:-Rubber band test is related to

A:-Perming

B:-Ironing

C:-Hair straightening

D:-Hair smoothening

Correct Answer:- Option-D

Question84:-What is the most widely used natural hair colour?

A:-Beetroot

B:-Henna

C:-Bleach

D:-Indigo powder

Correct Answer:- Option-B

Question85:-Which of the following are heat styling equipments?

A:-Blow dryer

B:-Flat iron

C:-Straightening brushes

D:-All the above

Correct Answer:- Option-D

Question86:-Hair rebonding is also called as

A:-Thermal straightening

B:-Chemical straightening

C:-Perming

D:-Keratin treatment

Correct Answer:- Option-B

Question87:-Which type of blush is used to oily skin?

A:-Gel blush

B:-Cream blush

C:-Shimmer

D:-Powder blush

Correct Answer:- Option-D

Question88:-

Benefits of global colouring

A:-Full colour change

B:-Grey hair coverage

C:-Polished look

D:-All the above

Correct Answer:- Option-D

Question89:-Common ingredient for chemical hair colouring

i. Ammonia

ii. Hydrogen peroxide

iii. Hydrochloric acid

iv. Paraphenylenediamine

A:-i, ii and iii

B:-ii, iii and iv

C:-iv, iii and i

D:-i, iv and ii

Correct Answer:- Option-D

Question90:-How to protect hair when perming?

A:-Use deep conditioning treatment

B:-Avoid wash 24-48 hours before perm

C:-Avoid heat styling

D:-All the above

Correct Answer:- Option-D

Question91:-Back combing is used to

A:-Remove tangles from the hair

B:-Add volume to a hair style

C:-Smooth out curl pattern

D:-Hide the roots of tinted hair

Correct Answer:- Option-B

Question92:-Contra indications of tattoo designing

A:-Blood clotting disorder

B:-Chronic skin disorder

C:-Pigmented lesion

D:-All the above

Correct Answer:- Option-D

Question93:-What are the precautions after doing perming?

i. Wait to wash 24-72 hours

ii. Using moisturising shampoo and conditioner.

iii. Avoid heat styling like ironing curling etc.

iv. Perform keratin treatment

A:-i, ii and iii

B:-ii, iii and iv

C:-i, iii and iv

D:-i, ii and iv

Correct Answer:- Option-A

Question94:-Which part of hair visible above the surface of the scalp?

A:-Hair root

B:-Hair shaft

C:-Cortex

D:-Medulla

Correct Answer:- Option-B

Question95:-main ingredient of shampoo

A:-Zinc sulfate

B:-Sodium sulfate

C:-Zinc phosphate

D:-Sodium laurenth sulfate

Correct Answer:- Option-D

Question96:-Colouring substance of hair

A:-Keratin

B:-Melanin

C:-Collagen

D:-Elastin

Correct Answer:- Option-B

Question97:-Growth rate of finger nail

A:-1.5. mm/month

B:-2.5 mm/month

C:-3 mm/month

D:-3.5 mm/month

Correct Answer:- Option-C

Question98:-The electrical facial treatment is also called as

A:-Galvanic treatment

B:-Cosmetic electro therapy

C:-High frequeuncy treatment

D:-Faradic treatment

Correct Answer:- Option-B

Question99:-Which bindi design is best on square, long and heart shape faces??

A:-Sun style bindi

B:-Half moon style bindi

C:-Party wear bindi

D:-Tribal bindi

Correct Answer:- Option-B

Question100:-Skin tone is also called as

A:-Skin warm

B:-Under tone

C:-Skin brightening

D:-Smoothering

Correct Answer:- Option-B