

PROVISIONAL ANSWER KEY

Question 135/2025/OL

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Question1:-Which of the following is best suitable for Maries Jahoda's (1958) criteria for ideal mental health?

A:-Absence of mental illness

B:-Self-actualisation, autonomy, environmental mastery

C:-High IQ and Social conformity

D:-Emotional stability and moral development

Correct Answer:- Option-B

Question2:-According to Salkovskis' (1985) cognitive behavioural model of Obsessive Compulsive Disorder, which of the following best explains the obsessive compulsive symptoms?

A:-Biological hyperactivity in the cortico striatal thalamic circuit

B:-Learned association between neutral stimuli and anxiety

C:-Misinterpretation of intrusive thoughts as personally significant and threatening

D:-Deficits in impulse control leading to compulsive acts

Correct Answer:- Option-C

Question3:-Which of the following statements about Expressed Emotion (EE) is True?

A:-High EE is characterized by low criticism and emotional detachment from the patient

B:-High EE predicts a higher risk of relapse in schizophrenia and other severe mental illness

C:-EE is a purely biological measure and unrelated to family interactions

D:-Emotional over-involvement is considered a protective factor in EE

Correct Answer:- Option-B

Question4:-According to Freud's psychoanalytic theory, which of the following best explains the role of defence mechanisms in personality functioning?

A:-They are conscious strategies used to achieve personal goals

B:-They are unconscious processes that reduce anxiety by distorting reality

C:-They are learned behaviours that are reinforced by rewards and

punishments

D:-They represent the superego's capacity for moral judgment

Correct Answer:- Option-B

Question5:-Generalised Anxiety Disorder (GAD) is characterized by:

A:-Sudden, brief episodes of intense fear

B:-Persistent, excessive worry about multiple domains for ≥ 6 months

C:-Hallucinations and delusions

D:-Compulsive rituals to reduce anxiety

Correct Answer:- Option-B

Question6:-According to the Frustration-Aggression Hypothesis, aggression is most likely to occur when:

A:-A person has low self-esteem

B:-A person is biologically predisposed to violence

C:-A person experiences a blocked goal or thwarted desire

D:-A person observes aggressive behaviour in the media

Correct Answer:- Option-C

Question7:-In Lazarus' stress model, primary appraisal refers to:

A:-Evaluating whether one has the resources to cope with a stressor

B:-Assessing whether an event is threatening, challenging, or benign

C:-The physiological response to stress

D:-Social support available for managing stress

Correct Answer:- Option-B

Question8:-According to Durkheim's sociological theory - egoistic suicide occurs when:

A:-A person is excessively integrated into society

B:-A person experiences weak social integration and feels disconnected from society

C:-Social norms are disrupted, causing rapid societal change

D:-Religious prohibitions strongly influence behaviour

Correct Answer:- Option-B

Question9:-Sexual urges, fantasies and behaviour involving an inanimate object, such as women's undergarments, is known as:

A:-Voyeurism

B:-Fetishism

C:-Paedophilia

D:-Sexual Masochism

Correct Answer:- Option-B

Question10:-Which among the following is best describes the primary goal and Motivation Enhancement Therapy?

A:-To confront patients aggressively about their substance use

B:-To enhance intrinsic motivation for behaviour change

C:-To provide only pharmacological treatment for addiction

D:-To replace one addictive behaviour with another

Correct Answer:- Option-B

Question11:-What is Psychopathology?

A:-The study of mental health and wellness

B:-The scientific study of psychological disorders

C:-The treatment of physical illness

D:-The study of human development

Correct Answer:- Option-B

Question12:-What is the key assumption of the classical categorical approach to classification in psychopathology?

A:-Each disorder exists on a continuum with normal behaviour

B:-Each disorder has a distinct set of symptoms and a single cause

C:-Diagnoses are based on patient self-report alone

D:-Treatment outcomes are unpredictable

Correct Answer:- Option-B

Question13:-Why might a clinician use a dimensional approach to classification?

A:-To simplify the diagnostic process

B:-To capture the complexity of a patient's symptoms

C:-To identify a single underlying cause

D:-To assign a categorical diagnosis

Correct Answer:- Option-B

Question14:-What approach is the Diagnostic and Statistical Manual, fifth edition (DSM-5), based on?

A:-Classical categorical approach

B:-Dimensional approach

C:-Prototypical approach

D:-Psychoanalytic approach

Correct Answer:- Option-C

Question15:-What are the main clinical features of dementia?

A:-Impairment of intellectual functions

B:-Impairment of recent memory, especially in the early stages

C:-Deterioration of personality with lack of personal care

D:-All of the above

Correct Answer:- Option-D

Question16:-What is a characteristic feature of alcoholic hallucinosis?

A:-Visual hallucinations only

B:-Hallucinations in a state of clouded consciousness

C:-Hallucination (usually auditory) in clear consciousness

D:-Hallucinations that resolve within 1 week

Correct Answer:- Option-C

Question17:-What type of schizophrenia is characterised by a prominent motor symptom, such as immobility, rigidity or excessive and purposeless movement?

A:-Catatonic schizophrenia

B:-Paranoid schizophrenia

C:-Hebephrenic schizophrenia

D:-Residual schizophrenia

Correct Answer:- Option-A

Question18:-What is observed in patients with severe depression and suicidal intent/attempt?

A:-Increased serotonergic function

B:-Decreased serotonergic function

C:-Normal serotonergic function

D:-Increased dopamine function

Correct Answer:- Option-B

Question19:-What is the primary aim of Cognitive Behaviour Therapy (CBT) in treating depression?

A:-To reduce symptoms with medication

B:-To correct depressive negative cognitions and replace them with new responses

C:-To focus on past traumas

D:-To improve social relationships

Correct Answer:- Option-B

Question20:-What is the minimum duration of symptoms required for a diagnosis of Generalized Anxiety Disorder (GAD)?

A:-1 month

B:-3 months

C:-6 months

D:-1 year

Correct Answer:- Option-C

Question21:-What is the characteristic feature of the onset of a panic attack?

- A:-Gradual onset over several hours
- B:-Sudden onset, often "out-of-the-blue"
- C:-Triggered by a specific phobia
- D:-Only occurs at night

Correct Answer:- Option-B

Question22:-What is a key characteristic of an obsession?

- A:-It is a rational and justified thought
- B:-It is recognised as one's own idea but is ego-syntonic
- C:-It is recognised as irrational and absurd
- D:-It is a thought that is imposed by someone else

Correct Answer:- Option-C

Question23:-What is the primary purpose of a compulsion in relation to an obsession?

- A:-To increase anxiety
- B:-To neutralise or prevent distress or fear
- C:-To provide pleasure
- D:-To distract from the obsession

Correct Answer:- Option-B

Question24:-What is the key difference between an obsession and a delusion?

- A:-An obsession is a rational thought, while a delusion is irrational
- B:-An obsession is recognised as one's own idea, but is ego-alien
- C:-A delusion is recognised as irrational, while an obsession is not
- D:-A delusion is not resisted, while an obsession is resisted

Correct Answer:- Option-B

Question25:-According to ICD-10, what are the three clinical subtypes of OCD?

A:-Predominantly obsessive thought, predominantly compulsive acts and mixed

- B:-Anxiety, depression and avoidance
- C:-Contamination, symmetry and hoarding
- D:-Aggressive, sexual and somatic

Correct Answer:- Option-A

Question26:-What is important to rule out when diagnosing Somatoform Disorders?

- A:-Other psychiatric disorders
- B:-Physical disorders
- C:-Both (1) and (2)

D:-Neither (1) nor (2)

Correct Answer:- Option-C

Question27:-According to ICD-10, what are the two sub types of Emotionally Unstable Personality Disorder?

A:-Impulsive type and anxious type

B:-Borderline type and narcissistic type

C:-Impulsive type and borderline type

D:-Avoidant type and dependent type

Correct Answer:- Option-C

Question28:-What is a key characteristic of Emotionally Unstable Personality Disorder?

A:-Emotional stability and impulse control

B:-Affective stability and cautious behaviour

C:-Marked tendency to act impulsively without consideration of consequences

D:-Rigid adherence to rules and routines

Correct Answer:- Option-C

Question29:-According to ICD-10, what are the four subtypes of Conduct Disorder?

A:-Impulsive, aggressive, anxious and avoidant

B:-Conduct disorder confined to the family context, unsocialised, socialised and oppositional defiant

C:-Mild, moderate, severe and profound

D:-Acute, Chronic, Episodic and Persistent

Correct Answer:- Option-B

Question30:-What is a key characteristic of Anorexia Nervosa?

A:-Intense fear of becoming underweight

B:-Intense fear of becoming obese

C:-Lack of interest in food

D:-Overeating

Correct Answer:- Option-B

Question31:-Neurological diseases that give rise to amnestic state include all of the following except?

A:-Tumors of sphenoid wing

B:-Ischemic infarctions of posterior cerebral arteries

C:-Autoimmune encephalitis

D:-Guillain-Barre syndrome

Correct Answer:- Option-D

Question32:-The Corticobulbar tracts project to motor nuclei of the following

cranial nerves except?

A:-9th cranial nerve nuclei

B:-10th cranial nerve nuclei

C:-11th cranial nerve nuclei

D:-12th cranial nerve nuclei

Correct Answer:- Option-C

Question33:-The following are imaging modality of choice in patients with acute stroke except:

A:-Noncontrast head CT

B:-CT angiography

C:-PET scan

D:-CT perfusion

Correct Answer:- Option-C

Question34:-Activating procedures generally undertaken while doing EEG are the following Except:

A:-Make the patient awake

B:-Hyperventilation

C:-Photic stimulation

D:-Sleep deprivation at night prior to recording

Correct Answer:- Option-A

Question35:-The preganglionic neurons of parasympathetic nervous system, leave CNS through the following cranial nerves Except:

A:-9th Cranial nerve

B:-10th Cranial nerve

C:-2nd Cranial nerve

D:-3rd cranial nerve

Correct Answer:- Option-C

Question36:-Cortical sensory loss includes all of the following except:

A:-Sensory inattention

B:-Tactile agnosia

C:-Astereognosis

D:-Agraphia

Correct Answer:- Option-D

Question37:-Which one of the following statements is false about spinal cord?

A:-Originate at medulla and end as conus medullaris at lumbar level

B:-Adult spinal cord length is 46 cm (18 inches)

C:-Oval, enlarged in the cervical and lumbar regions

D:-The white matter contains only descending motor pathways

Correct Answer:- Option-D

Question38:-Which one of the following statements is false about CSF examination?

A:-Most common potential complication is post-lumbar headache

B:-There is a risk of death, from brain herniation, when LP is undertaken in a patient with raised intracranial pressure caused by mass lesion or obstructive hydrocephalus

C:-Presence of papilledema, any level of impaired consciousness or any focal neurological deficit, it is mandatory to do brain imaging before consideration of LP

D:-It is not a mandatory investigation in the evaluation of Idiopathic Intracranial Hypertension

Correct Answer:- Option-D

Question39:-Nucleus Basalis of Meynert of basal fore brain secretes the following neurotransmitter?

A:-Norepinephrine (NE)

B:-Acetylcholine

C:-Dopamine

D:-Serotonin

Correct Answer:- Option-B

Question40:-Which is the output neurotransmitter of Basal ganglia to thalamus and brain stem for control of motor function?

A:-GABA

B:-Dopamine

C:-Acetylcholine

D:-Serotonin

Correct Answer:- Option-A

Question41:-Which of the following is not the characteristics of Korsakoff's amnesic syndrome?

A:-Inadequate immediate memory as tested by repetition

B:-Almost complete inability to learn new material

C:-Retrograde amnesia

D:-Preservation of early established skills and habits

Correct Answer:- Option-A

Question42:-Which of the following is not the indices of wakefulness evaluated in the Glasgow Coma Scale?

A:-Eye Opening

B:-Motor Response

C:-Verbal Response

D:-Orientation

Correct Answer:- Option-D

Question43:-Match the following. Indicate your answer with the help of the given codes:

List I

List II

- | | |
|---------------------------|--|
| 1. Motor aphasia | (i) Difficult to carry out an action on verbal command but may do so automatically |
| 2. Ideomotor apraxia | (ii) Difficulty in executing correct sequence of steps which makes up a complex act though individual acts may be carried out successfully |
| 3. Ideational apraxia | (iii) Unable to put together parts to make a whole |
| 4. Constructional apraxia | (iv) Loss of Kinesthetic memory patterns necessary for the performance of the skilled act |

Choose the answer from the following options:

A:-(1)-(i), (2)-(ii), (3)-(iii), (4)-(iv)

B:-(1)-(i), (2)-(ii), (3)-(iv), (4)-(iii)

C:-(1)-(iv), (2)-(iii), (3)-(ii), (4)-(i)

D:-(1)-(iv), (2)-(i), (3)-(ii), (4)-(iii)

Correct Answer:- Option-D

Question44:-Arrange the process of neuropsychological rehabilitation in the correct order:

Steps:

1. Assessment of the environment
2. Assessment of resources
3. Development of an ideal plan
4. Ongoing assessment
5. Assessment of the child
6. Predictions about short and long-term outcomes
7. Development of a realistic intervention plan

Codes:

A:-5, 1, 6, 3, 2, 7, 4

B:-5, 1, 2, 3, 7, 4, 6

C:-5, 2, 1, 3, 6, 4, 7

D:-5, 1, 2, 3, 6, 7, 4

Correct Answer:- Option-A

Question45:-_____ attempts to understand how the brain makes decisions by combining neuroscience, cognitive and social psychology and behavioral economics and increasingly by emphasizing noninvasive imaging studies.

A:-Neuroanatomy

B:-Neuroeconomics

C:-Neurogenesis

D:-Neuropsychology

Correct Answer:- Option-B

Question46:-Rey Auditory Verbal Learning Test is used for assessing _____.

A:-Memory Functions

B:-Intellectual and Conceptual Functions

C:-Language Functions

D:-Academic Skills

Correct Answer:- Option-A

Question47:-Assertion (A) : Electrical fluctuations in the brain are small, usually much less than a milli volt, but when amplified, they can be displayed on a polygraph.

Reason (R) : Single-cell recording will always be limited to recordings from relatively small numbers of neurons.

Codes:

A:-Both (A) and (R) are true and (R) is the correct explanation of (A)

B:-Both (A) and (R) are true but (R) is not the correct explanation of (A)

C:- (A) is true and (R) is false

D:-Both (A) and (R) are false

Correct Answer:- Option-B

Question48:-Which of the following statements are true?

In Alzheimer's disease:

1) Neuritic Plaques are generally considered nonspecific phenomena in that they can be found in non-Alzheimer patients and in dementia caused by other known events.

2) The anterior half of the hippocampus is affected more severely than the posterior half

3) Dendrites in brains with Alzheimer's disease show the age-related growth

4) The cortex shrinks or atrophies, losing as much as one-third of its volume as the disease progresses

Codes:

A:- (1) and (2)

B:- (2) and (3)

C:- (3) and (4)

D:- (1) and (4)

Correct Answer:- Option-D

Question49:-Which of the following are the characteristics of deep dyslexia?

1) Semantic errors

2) Impaired ability to read pseudowords and non-words

3) Visual errors

- 4) Function words are harder to read aloud than content words
- 5) Verbs are more difficult to read aloud than are adjectives
- 6) Inability to recognize words on the basis of their physical appearance

Codes:

A:-1, 2, 4, 5

B:-2, 3, 5, 6

C:-1, 3, 4, 5

D:-2, 3, 4, 6

Correct Answer:- Option-C

Question50:-Which of the following statements are true?

- 1) Damage to the fibres crossing the optic chiasm results in cortical blindness
- 2) Thalamus is necessary for the conscious experience of visual stimuli
- 3) Individuals develop 'blind spots', which result from isolated lesions of the primary visual cortex
- 4) A complete homonymous hemianopia can result from a lesion to one optic tract

Code:

A:-(1) and (2)

B:-(2) and (3)

C:-(1) and (4)

D:-(3) and (4)

Correct Answer:- Option-D

Question51:-Identify the emotional indicators associated with the fine line in the Bender Gestalt test:

A:-Anxiety, withdrawal, timidity and constriction

B:-Impulsivity, aggressiveness and acting out

C:-Timidity, shyness and withdrawal

D:-Low frustration tolerance and explosiveness

Correct Answer:- Option-C

Question52:-What is the ability to select the appropriate response under highly speeded conditions, identified in complex coordination tests in which each signal pattern requires a different control and direction of movement?

A:-Multi-Limb Coordination

B:-Response Orientation

C:-Reaction Time

D:-Rate Control

Correct Answer:- Option-B

Question53:-Match the following. Indicate your answer with the the help of the given codes.

List I

List II

- | | |
|---------------------|--|
| 1. Robert Woodworth | Develops the Personal Data Sheet, the first Personality test |
|---------------------|--|

- | | |
|--------------------------------|--|
| 2. Edgar Doll and other | Develops the Q-technique for studying the self-concept variables |
| 3. Stephenson retardation | Distinguishes between mental illness and mental |
| 4. Jean Esquirol assessment of | Publishes the Vineland Social Maturity Scale for adaptive behaviour in those with mental retardation |

Codes:

A:-(1)-(ii), (2)-(i), (3)-(iii), (4)-(iv)

B:-(1)-(i), (2)-(iv), (3)-(ii), (4)-(iii)

C:-(1)-(iii), (2)-(i), (3)-(iv), (4)-(ii)

D:-(1)-(iv), (2)-(iii), (3)-(ii), (4)-(i)

Correct Answer:- Option-B

Question54:-In which of the following, WISC-IV and WAIS-IV does not yield composite or index scores:

A:-Verbal Comprehension

B:-Perceptual Reasoning

C:-Working Memory

D:-Digit span

Correct Answer:- Option-D

Question55:-Detroit Tests of Learning Aptitude-4 is to assess:

A:-Motivation

B:-Achievement

C:-Overall mental ability

D:-Attitude

Correct Answer:- Option-C

Question56:-Match the following. Indicate your answer with the help of the given codes:

- | List I | List II |
|--------------------------|--|
| 1. Psychotic and | i. Somewhat adaptive mechanisms; includes isolation of affect intellectualization |
| 2. Neurotic splitting | ii. Splitting the image of others into good and bad; includes and schizoid fantasy |
| 3. Obsessive includes | iii. Gross denial of external reality such as frank delusions; denial and distortion |
| 4. Borderline repression | iv. Mechanisms that involve minor reality distortion, includes and displacement |

A:-(1)-(ii), (2)-(iii), (3)-(i), (4)-(iv)

B:-(1)-(i), (2)-(iv), (3)-(ii), (4)-(iii)

C:-(1)-(iii), (2)-(iv), (3)-(i), (4)-(ii)

D:-(1)-(iv), (2)-(iii), (3)-(ii), (4)-(i)

Correct Answer:- Option-C

Question57:-Which of the following are the responses to keep the interaction following?

1. Transitional Phrase
2. Verbatim playback
3. Probing statements
4. Paraphrasing and restatement
5. Summarizing
6. Clarification response

Codes:

A:-1, 2, 3, 4 and 5

B:-2, 3, 4, 5 and 6

C:-1, 2, 4, 5 and 6

D:-1, 2, 3, 5 and 6

Correct Answer:- Option-C

Question58:-Which of the following are true regarding aptitude tests?

1. Evaluate the effects of an unknown, uncontrolled set of experiences
2. Evaluate the potential to profit from a course of training
3. Rely heavily on content validation procedures
4. Rely heavily on predictive criterion validation procedures
5. Evaluate the product of a course of training

Codes:

A:-1, 2, 4

B:-1, 2, 3

C:-1, 4, 5

D:-2, 4, 5

Correct Answer:- Option-A

Question59:-Which of the following are the characteristics of people with internalized coping style?

- 1) Intellectualization
- 2) Unsocialized aggression
- 3) Constricted or overcontrolled emotions
- 4) Minimizing difficulties
- 5) Paranoia
- 6) Somatization with symptoms related to the autonomic nervous system

Codes :

A:-1, 2, 3, 4, 5

B:-1, 3, 4, 6

C:-1, 3, 5, 6

D:-1, 3, 4, 5, 6

Correct Answer:- Option-B

Question60:-Comprehension subtest of WAIS-IV include which of the following abilities?

- 1) Rough measure of the subject's optimal intellectual efficiency
- 2) Knowledge of conventional standards of behavior and social norms
- 3) Ability to evaluate past experience, that is, proper selection, organization and emphasis of facts and relationships.
- 4) Social maturity, social judgement, common sense or judgement in practical social situations.
- 5) Range of ideas, experiences or interests that a subject has acquired.
- 6) Demonstration of practical knowledge

Code:

A:-2, 4, 5, 6

B:-1, 3, 4, 5

C:-1, 3, 5, 6

D:-2, 3, 4, 6

Correct Answer:- Option-D

Question61:-Given below are two statements, one is labelled as Assertion (A) and other one is labelled as Reason (R) :

Assertion (A) : A trait has more nominal existence.

Reason (R) : The existence of a trait may be established empirically or at least statistically.

In the light of the above statements, choose the most appropriate answer from the options given below:

A:-Both (A) and (R) are correct and (R) is the correct explanation of (A)

B:-Both (A) and (R) are correct and (R) is not the correct explanation of (A)

C:- (A) is correct but (R) is not correct

D:- (A) is not correct but (R) is correct

Correct Answer:- Option-B

Question62:-Given below are two statements, one is labelled as Assertion (A) and other one is labelled as reason (R):

Assertion (A): Compared to proactive aggression, reactivity aggressive children show more difficulty in interpersonal interaction.

Reason (R) : Bullying children tend to be high on both aspects of aggression, but their victims are marked by proactive aggression only.

In the light of the above statements, choose the most appropriate answer from the options given below:

A:-Both (A) and (R) are correct and (R) is the correct explanation of (A)

B:-Both (A) and (R) are correct and (R) is not the correct explanation of (A)

C:- (A) is correct but (R) is not correct

D:- (A) is not correct but (R) is correct

Correct Answer:- Option-C

Question63:-Given below are two statements:

Statement (I) : Healthy people live simultaneously in Umwelt, Mitwelt and Eigenwelt.

Statement (II) : Rollo may used the term "intentionality" to bridge the gap between subject and object.

In the light of the above statements, choose the most appropriate answer from the options given below:

A:-Both Statement (I) and Statement (II) are correct

B:-Both Statement (I) and Statement (II) are incorrect

C:-Statement (I) is correct but Statement (II) is incorrect

D:-Statement (I) is incorrect but Statement (II) is correct

Correct Answer:- Option-A

Question64:-Given below are two statements:

Statement (I) : The agreeableness Scale distinguishes soft-hearted people from ruthless ones.

Statement (II) Conscientiousness discusses the order, ambitious and achievement focused nature.

In light of the above statements, choose the most appropriate answer from the options given below:

A:-Both Statement (I) and Statement (II) are correct

B:-Both Statement (I) and Statement (II) are incorrect

C:-Statement (I) is correct but statement (II) is incorrect

D:-Statement (I) is incorrect but statement (II) is correct

Correct Answer:- Option-A

Question65:-Which of the following is not true considering the Rogers theory of therapeutic change?

A:-Become more congruent

B:-Become more anxious

C:-Develop positive regard

D:-Ownership of experiences

Correct Answer:- Option-B

Question66:-Which of the theory discusses the distinction between conscious (control) and unconscious (automatic) processing?

A:-Psychodynamic theories

B:-Dispositional Theories

C:-Existential theories

D:-Learning theories

Correct Answer:- Option-A

Question67:-Match List-I and List-II:

List I

List II

- | | |
|-----------------|------------------------------|
| a. Id | i. reality principle |
| b. Guilt ridden | ii. primitive and chaotic |
| c. Super Ego | iii. Dominated by superego |
| d. Ego | iv. Conscience and Ego ideal |

A:-(a)-(iii), (b)-(ii), (c)-(iv); (d)-(i)

B:-(a)-(ii), (b)-(iv), (c)-(iii); (d)-(i)

C:-(a)-(iii), (b)-(ii), (c)-(i); (d)-(iv)

D:-(a)-(ii), (b)-(iii), (c)-(iv); (d)-(i)

Correct Answer:- Option-D

Question68:-Match List I with List II

List I

List II

- | | |
|-----------------------------------|----------------------------------|
| a. Cardinal Disposition | (i) Peculiarly mine |
| b. Moudsley Personality Inventory | (ii) Master system of motivation |
| c. Propriate Functional autonomy | (iii) Eysenck |
| d. Proprium | (iv) Eminent Characteristics |

Choose the correct answer from the options given below.

A:-(a)-(iii), (b)-(ii), (c)-(iv), (d)-(i)

B:-(a)-(iv), (b)-(iii), (c)-(ii), (d)-(i)

C:-(a)-(iii), (b)-(ii), (c)-(i), (d)-(iv)

D:-(a)-(ii), (b)-(iii), (c)-(iv), (d)-(i)

Correct Answer:- Option-B

Question69:-Which of the following structure of personality possess 'secondary process thought'?

A:-Id

B:-Ego

C:-Superego

D:-Electra complex

Correct Answer:- Option-B

Question70:-'Q-sort technique' a method used by Carl Rogers in various researches can be best described as:

A:-A qualitative enquiry in the assessment of personality

B:-A self-report technique for assessing aspects of the self-concept

C:-A method for assessing memory recall

D:-Clinical assessment of learning disorders

Correct Answer:- Option-B

Question71:-When setting goals in psychotherapy, which of the following approaches is generally considered most effective?

A:-The therapist alone

B:-The client alone

C:-The therapist and client collaboratively

D:-The therapist, client, their family and treating team (if any) collaboratively

Correct Answer:- Option-C

Question72:-Match the following concepts and their descriptions:

i. Goal consensus
authenticity

a. Cultivating a therapeutic relationship characterised by
and seeing each other realistically

ii. Real relationship
patient(s)/client(s),

b. An effective working relationship with the
characterised by the quality and depth of the connection.

iii. Alliance
treatment

c. Working together with your patient/client on the
process to ensure you both share a common
approach.

understanding and

iv. Collaboration

d. Facilitating mutual understanding and alignment on the
objectives and expectations of therapy

A:-(i)-(d), (ii)-(a), (iii)-(b), (iv)-(c)

B:-(i)-(c), (ii)-(b), (iii)-(a), (iv)-(d)

C:-(i)-(c), (ii)-(a), (iii)-(b), (iv)-(d)

D:-(i)-(d), (ii)-(c), (iii)-(a), (iv)-(b)

Correct Answer:- Option-A

Question73:-In therapeutic literature, withdrawal and confrontation are types of which of the following?

A:-Transference-countertransference configurations

B:-Alliance ruptures

C:-Maladaptive countertransference

D:-Psychodynamic techniques

Correct Answer:- Option-B

Question74:-Which of the following principles of Cognitive Behaviour Therapy (CBT) is false?

A:-CBT helps individuals identify, assess and address their dysfunctional thoughts and beliefs

B:-CBT is time-limited

C:-CBT is educational, focusing on empowering the individual to become their own therapist over time

D:-CBT emphasises the present, relapse prevention is not a key goal

Correct Answer:- Option-D

Question75:-Which of the following best describes the main purpose of the technique of 'Circular Questioning' in family therapy?

A:-To elicit care and empathy from family members as cohesion is enhanced during inquiry

B:-To reduce triangulation

C:-To uncover the inter connectedness of family members perceptions and behaviours by exploring relational dynamics

D:-All of the above

Correct Answer:- Option-C

Question76:-According to the Mental Healthcare Act of 2017, which of the following is Not true for admission of a minor to inpatient care?

A:-It is only done when the mental healthcare needs of the minor cannot be fulfilled if not admitted

B:-The minor is given treatment with the informed consent of their nominated representative

C:-It takes into account the wishes of the minor if ascertainable

D:-It requires for the concerned Mental Health Review Board to be informed within 96 hours of admission

Correct Answer:- Option-D

Question77:-Which Motivational interviewing skill does the following statement best exemplify?

"As you talk about wanting to quit smoking, I hear that you're worried about the stress it might cause, but I also sense that you're really committed to being healthier for your family".

A:-Affirmation

B:-Reflective listening

C:-Eliciting change talk

D:-Developing Discrepancy

Correct Answer:- Option-B

Question78:-When a person who uses substances is in the precontemplation phase of change (i.e., not actively considering change), Which of the following is most likely to be helpful?

A:-Assessment of their substance use pattern and severity

B:-Facilitating contact with a 12-step facilitation peer group

C:-Rapport building and psycho-education

D:-Discussing strategies for cutting down gradually

Correct Answer:- Option-C

Question79:-If a patient/client has come to you for help with depression and you suspect they may experience suicidal ideation, what should you do?

A:-Inquire directly, about suicidal thoughts

B:-inquire about suicidal thoughts, but do not probe about plans unless the client volunteers information

C:-Do not inquire directly about suicidal thoughts unless the client initiates the conversation

D:-Do not inquire directly about suicidal thoughts unless the client shows signs of suicidal attempts or plans

Correct Answer:- Option-A

Question80:-What reforms the basis for severity and disability calculation for intellectual disability under the rights of Persons with Disability Act 2016?

A:-Intelligence quotient

B:-Adaptive functioning

C:-Both Intelligence quotient and adaptive functioning

D:-Neither Intelligence quotient and adaptive functioning

Correct Answer:- Option-B

Question81:-From a psychoeducation perspective, which of the following statements about Bipolar Disorder best captures its nature?

A:-That it is chronic

B:-That it is episodic

C:-That it is chronic and episodic

D:-That it is curable with treatment compliance

Correct Answer:- Option-C

Question82:-Is it ethically acceptable for therapists to solicit testimonials from current therapy clients/patients, according to the APA code of Ethics?

A:-Yes, but only with informed consent

B:-Yes, but only if testimonials are presented in a de-identified fashion

C:-No

D:-Yes, with informed consent as well as de-identification

Correct Answer:- Option-C

Question83:-Which of the following is not principle of trauma-informed care?

- A:-Resisting re-traumatisation
- B:-Realising the widespread impact of trauma
- C:-Recognising how trauma impacts individuals
- D:-Re-telling and reintegration of the trauma narrative

Correct Answer:- Option-D

Question84:-The American psychological Association (APA)'s Division 12 (Society of Clinical Psychology) publishes lists of empirically supported treatment for specific disorders. Which of the following is considered to be an empirically supported treatment for schizophrenia with strong research support?

- A:-Social Skills Training for Schizophrenia
- B:-Cognitive Behaviour Therapy (CBT) for Schizophrenia
- C:-Family Psychoeducation for Schizophrenia
- D:-All of the above

Correct Answer:- Option-D

Question85:-In which cases, if any, may it be acceptable for a therapist to provide services outside the boundaries of their competence, according to the APA Code of Ethics?

- A:-Never
- B:-In emergencies, regardless of alternatives for suitable referrals
- C:-In emergencies, given there are no alternatives for suitable referrals
- D:-In forensic roles

Correct Answer:- Option-C

Question86:-In Dielectrical Behaviour Therapy (DBT), distraction and radical acceptance are part of which type of skills?

- A:-Emotion regulation skills
- B:-Distress tolerance skills
- C:-Mindfulness skills
- D:-Interpersonal skills

Correct Answer:- Option-B

Question87:-A therapist who lets the child direct the activities in a play therapy session is best aligned with which of the following approaches?

- A:-Non-directive play therapy
- B:-Contextual-explorative play therapy
- C:-Psychoanalytic play therapy
- D:-Social skills play therapy

Correct Answer:- Option-A

Question88:-How frequently does registration with the Rehabilitation council of

India need to be renewed for Clinical Psychologists?

A:-Once in 5 years

B:-Once in 10 years

C:-Annually

D:-Once in 3 years

Correct Answer:- Option-A

Question89:-The parents of a child diagnosed with ADHD are attending a psychoeducation session. concerned about the child's academic difficulties and social challenges. The therapist's most effective approach should include:

A:-Emphasising the importance of a combination approach of medication and therapy for ADHD

B:-Focusing primarily on practical strategies for managing the child's ADHD at home and school

C:-Educating the parents about ADHD and the child's specific strengths and weaknesses, tailoring strategies for their individual needs

D:-Emphasising treatment compliance for most effective outcomes

Correct Answer:- Option-C

Question90:-The nature of mental health services required in the aftermath of a disaster extends to which of the following?

A:-Specialised and non-specialised mental health support

B:-Psychological support and non-specialised mental health support

C:-Psychosocial support and specialised mental health support

D:-Psychosocial support and specialised and non-specialised mental health support

Correct Answer:- Option-D

Question91:-According to C.J. Jung's theory, the animal instincts that the humans inherited in their evolution from lower forms of life responsible for the appearance in consciousness and behavior of unpleasant and socially reprehensible thoughts, feelings and actions is best described by the archetype/archetypes:

A:-Anima

B:-Animus

C:-Shadow

D:-Options (1) and (2)

Correct Answer:- Option-C

Question92:-Arnold believes that there is heaven for virtuous people and a hell for sinners and his behaviors and conduct revolves around this thought process. This idea is cardinal to

A:-Fictional Finalism

B:-Functional Fixedness

C:-Psychic determinism

D:-Functional Autonomy

Correct Answer:- Option-A

Question93:-Compliance, withdrawal and aggression are the three orientations which are the basis of inner conflict, as proposed by _____.

A:-George Kelly

B:-Harry Stack Sullivan

C:-Henry Murray

D:-Karen Horney

Correct Answer:- Option-D

Question94:-Match the following names to their contributing areas :

- | | |
|-----------------------|---|
| 1. Gordon Allport | (i) Typological approach to temperament |
| 2. Hans Eysenck | (ii) Six faces for Conscientiousness |
| 3. Costa and Mc. Crae | (iii) Interpersonal circumplex model |
| 4. Jerry Wiggins | (iv) The specification equation and dynamic lattice |
| 5. Raymond Cattell | (v) The personal dispositions |

Options

A:-1-(ii), 2-(v), 3-(iv), 4-(iii), 5-(i)

B:-1-(v), 2-(i), 3-(ii), 4-(iii), 5-(iv)

C:-1-(iii), 2-(ii), 3-(i), 4-(v), 5-(iv)

D:-1-(iv), 2-(iii), 3-(v), 4-(i), 5-(ii)

Correct Answer:- Option-B

Question95:-Among the major source of data about personality, the data derived from actual records of the person's behavior in society is addressed by Raymond Cattell as:

A:-Q-data

B:-S-data

C:-L-data

D:-T-data

Correct Answer:- Option-C

Question96:-According to B.F. Skinner Extinction process is slowest in _____ schedule of reinforcement.

A:-Fixed interval

B:-Variable interval

C:-Fixed ratio

D:-Variable ratio

Correct Answer:- Option-D

Question97:-Choose the correct option matching the explanatory statements with the corresponding corollaries that George Kelly proposed:

1. A person successfully employs a variety of construction subsystems that are inferentially incompatible with each other.

2. Persons differ from each other in their construction of events.
3. The variations in a person's construction system are limited by the permeability of the construct within whose range of convenience the variant lie.
4. A person's construction system varies as he or she successfully construes the replication of the events.
5. A person anticipates events by construing their replications.
 - (A) Experience corollary
 - (B) Modulation corollary
 - (C) Fragmentation corollary
 - (D) Construction corollary
 - (E) Individuality corollary

A:-1-(C), 2-(E), 3-(B), 4-(A), 5-(D)

B:-1-(B), 2-(C), 3-(D), 4-(E), 5-(A)

C:-1-(A), 2-(D), 3-(C), 4-(E), 5-(B)

D:-1-(E), 2-(B), 3-(A), 4-(C), 5-(D)

Correct Answer:- Option-A

Question98:-Carl Roger's fully functioning individual has the following characteristics except:

A:-Increasing openness to experience

B:-Increasingly self-conscious

C:-Increasingly existential living

D:-Increasing trust in the organism

Correct Answer:- Option-B

Question99:-In Patanjali's Yoga-sutra, eightfold path for attainment of Brahman has been mentioned. Among the eight paths mentioned, the path for concentration or single-mindedness is called as _____.

A:-Pranayama

B:-Prathyahara

C:-Dharana

D:-Dhyana

Correct Answer:- Option-C

Question100:-According to Charaka Samhita, there are seven Sattvika type of mind. Which among the following is not belonging to the Sattvika type?

A:-Yamya

B:-Kauvera

C:-Aindra

D:-Sakuna

Correct Answer:- Option-D