

## FINAL ANSWER KEY

Question 47/2024/OL

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Question1:-According to which Acharya Taila is indicated for both Krurakoshta and Krimikoshta ?

A:-Sarangadhara

B:-Kashyapa

C:-Sushruta

D:-Charaka

Correct Answer:- Option-D

Question2:-When asthapana is given to Buktavata it will result in

A:-Visoochika, Sudarunachardi, Sarvadoshakopa

B:-Visoochika, Vilambika, Alasaka

C:-Visoochika, Pravahika, Parisrava

D:-None of the above

Correct Answer:- Option-A

Question3:-Sadaturas are durvirechya due to

A:-Pravridha vata

B:-Vegadharana sheela

C:-Both 1 and 2

D:-Koorakoshta and Rookshata

Correct Answer:- Option-C

Question4:-According to which Acharya Nithya Mandagni is contraindicated for Snehana ?

A:-Vagbhata

B:-Vridha Vagbhata

C:-Charaka

D:-Sarangadhara

Correct Answer:- Option-C

Question5:-Which Acharya mentioned Yoni Visodhana property of ghritha ?

A:-Vangasena

B:-Vagbhata

C:-Vrindamadhava

D:-Kashyapa

Correct Answer:- Option-D

Question6:-According to Sushruta, if thrishna occurs during snehapana, which of the following upachara is to be followed ?

A:-Drink Ushnodaka

B:-Ushnambu Vamana

C:-Sirasaha sheeta toya avagahanam

D:-All of the above

Correct Answer:- Option-D

Question7:-Sneha Digested in nine hours is suitable for

A:-Alpa Dosha and Deepana

B:-Madhyama Dosha and Brimhana

C:-Bahudosha and Snehana

D:-Bahudosha and Shodhana

Correct Answer:- Option-C

Question8:-According to Charaka dosha predominance of Mridhu koshta is

A:-Udheerna Pitta, Alpa Kapha, Manda Marutha

B:-Udheerna Kapha, Alpa Pitta, Manda Marutha

C:-Both 1 and 2

D:-Udheerna Vatha, Alpa Kapha, Mandha Pitta

Correct Answer:- Option-A

Question9:-According to Sushruta, in Dwadasaprasruta vasti the amount of Kalka dravya is

A:-2 Prasruta

B:- $\frac{1}{2}$  Prasruta

C:-3 Prasruta

D:-1 Prasruta

Correct Answer:- Option-D

Question10:-According to Laghu Vagbhata and Charaka Vishrama Kala before Vamana respectively is

A:-2 and 1

B:-1 and 2

C:-3 and 2

D:-2 and 3

Correct Answer:- Option-A

Question11:-According to Sushruta which sneha paka is suitable for Nasya and Abhyanga ?

A:-Mridu paka

B:-Madhyama paka

C:-Khara paka

D:-Both 1 and 2

Correct Answer:- Option-B

Question12:-According to Ashtanga Hridaya, Swedhana is contraindicated or to be done very mildly at

A:-Drik, Mushka, Hridaya

B:-Drik, Vamkshana, Hridaya

C:-Drik, Mushka, Vamkshana, Hridaya

D:-None of the above

Correct Answer:- Option-A

Question13:-What is the maximum period for Sadhya Sneha administration ?

A:-1

B:-3

C:-7

D:-5

Correct Answer:-**Question Cancelled**

Question14:-Masthishkya is synonym of \_\_\_\_\_

A:-Shirovasthi

B:-Nasya

C:-Shirodhara

D:-Abhyanga

Correct Answer:- Option-A

Question15:-According to Ashtanga Sangraha Ushma sweda is \_\_\_\_\_ in number.

A:-8

B:-4

C:-13

D:-10

Correct Answer:- Option-A

Question16:-As per Sushruta vamana atiyoga causes \_\_\_\_\_ Dosha Prakopa.

A:-Pitta

B:-Kapha

C:-Vatta

D:-Tridosha

Correct Answer:- Option-C

Question17:-Hrit vak hanugraha is the athiyoga lakshana of \_\_\_\_ Karma.

A:-Rooshana

B:-Stambana

C:-Swedana

D:-Snehana

Correct Answer:- Option-B

Question18:-What is the time of administration of Shodananga Snehapana ?

A:-Hyasthan Jeerna eva anne

B:-Shudhwadho annanno

C:-Sabhakta Rasamadhyadhi

D:-All of the above

Correct Answer:- Option-A

Question19:-Height and Diameter of Furnace used for Jentaka sweda griha is \_\_\_\_\_

A:-16 aratni

B:-4 aratni

C:-12 aranti

D:-8 aranti

Correct Answer:- Option-B

Question20:-Which type of sweda is "Dhitikanam thu karishanam pradeepayeth" ?

A:-Bhooswedam

B:-Kutiswedam

C:-Holaka swedam

D:-Prastara swedam

Correct Answer:- Option-C

Question21:-Vamana yoga administered in Ajeerna, Visha and Prabhoota kapha is

A:-Madhukambu

B:-Madhuka + Madana phala

C:-Madana phala

D:-Madana phala + Vacha

Correct Answer:- Option-A

Question22:-According to Sharanga dhara which are the ritu suitable for Virechana

A:-Sarath and Vasantha

B:-Vasantha and Pravrit

C:-Sarath and Pravrit

D:-Sarath and Greeshma

Correct Answer:- Option-A

Question23:-Standard Dose of Madana Phala for vama is \_\_\_\_\_

A:-Badara pramana

B:-Prakuncha

C:-Antarnakha mushti Pramana

D:-None of the above

Correct Answer:- Option-C

Question24:-Which type of Snehapana is indicated for Ghasmara ?

A:-Ghritha

B:-Majja

C:-Both Ghritha and Majja

D:-Vasa

Correct Answer:- Option-B

Question25:-Maximum time period to wait for occurrence of vama vega is

A:-1 muhurtha

B:-3 yama

C:-1 yama

D:-3 muhurtha

Correct Answer:- Option-A

Question26:-Which Acharya mentions Yooshadi krama is to be administered after shodana ?

A:-Sushruta

B:-Sarangadhara

C:-Charaka

D:-Vagbhata

Correct Answer:- Option-A

Question27:-According to Astanga Sangraha, number of vama virechana vyapath is

A:-10

B:-15

C:-12

D:-14

Correct Answer:- Option-C

Question28:-Kashaya Madya Nithya is contraindicated for \_\_\_\_\_ Karma.

A:-Snehana

B:-Swedana

C:-Virechana

D:-Vasthi

Correct Answer:- Option-B

Question29:-According to Astanga sangraha the order of elimination of doshas and malas in vamana vega

A:-Kapha, Oushada, Pitta, Anila

B:-Sweda, Praseka, Oushada, Kapha, Pitta, Anila

C:-Sweda, Praseka, Oushada, Anila, Kapha, Pitta

D:-Kapha, Pitta, Anila

Correct Answer:- Option-B

Question30:-In Chaturbhadravasti kalpa the number of Anuvasana, Asthapana and Anuvasana vasti to be administered are in the order

A:-4, 4, 4

B:-3, 5, 4

C:-3, 6, 3

D:-3, 4, 6

Correct Answer:- Option-A

Question31:-Jentaka Sweda is indicated in \_\_\_\_\_ Rithu.

A:-Vasantha

B:-Greeshma

C:-Varsha

D:-Hemanta

Correct Answer:- Option-D

Question32:-The only exception where Virechana can be administered without undergoing vamana.

A:-Krimikoshta

B:-Krurakoshta

C:-Both 1 and 2

D:-Gurukoshta

Correct Answer:- Option-C

Question33:-Sakshara lavana ghrita should be administered before shodhana in which of the following conditions ?

A:-Mandagni

B:-Krurakosha

C:-Both 1 and 2

D:-Bahu anila

Correct Answer:- Option-C

Question34:-Which Rithu regimen is to be followed for the treatment of athiyoga of swedana ?

A:-Shishira

B:-Varsha

C:-Vasantha

D:-Greeshma

Correct Answer:- Option-D

Question35:-Which upkrama is to be administered in abuddhitwam and Asasta Swapna darshanam ?

A:-Shodana

B:-Shamana

C:-Brimhana

D:-Both 1 and 2

Correct Answer:- Option-A

Question36:-Kalka matra of Virechana Oushada in Kroorakoshta is

A:-One Pala

B:-Half Pala

C:-Two Pala

D:-Two and half Pala

Correct Answer:-**Question Cancelled**

Question37:-Which of the following factors leads to Athyanna Avritha sneha vasti vyapat ?

A:-Sheetha Alpa Sneha Dravya

B:-Athyushna Sneha dravya

C:-Guru sneha dravya

D:-Ati mrudu sneha dravya

Correct Answer:- Option-C

Question38:-Anupana of abhayadi modaka virechana Oushada is

A:-Sheetha jala

B:-Ushna jala

C:-Draksha swarasa

D:-Triphala kwatha

Correct Answer:- Option-A

Question39:-Swedana done by using Kousheya and Avika shadda is \_\_\_\_\_

A:-Upanaha

B:-Prastara

C:-Ushma

D:-Both 1 and 3

Correct Answer:-**Question Cancelled**

Question40:-"Jeerne anne vamanam yojyam kaphe jeerne virechanam" is told by which Acharya ?

A:-Sushruta

B:-Sarangadhara

C:-Charaka

D:-Vridha Vagbhata

Correct Answer:- Option-D

Question41:-Kapha pitta utklesha is seen in

A:-Ayoga of virechana

B:-Atiyoga of Virechana

C:-Atiyoga of vamana

D:-Atiyoga of Niruha vasti

Correct Answer:- Option-A

Question42:-What is the number of Sthavara and Jangama Sneha yoni according to Acharya Charaka ?

A:-18 and 6

B:-2 and 4

C:-1 and 2

D:-4 and 4

Correct Answer:-**Question Cancelled**

Question43:-According to Bhavaprakasha avagaha swedana is to be done til \_\_\_\_\_

A:-1 - 2 Muhurtha

B:-1 - 4 Muhurtha

C:-1 - 3 Muhurtha

D:-1 - 6 Muhurtha

Correct Answer:- Option-B

Question44:-Management of Nisrutha jihwa in vamana atiyoga is

A:-Kabalam

B:-Amlaphala bhojana

C:-Tila draksha kalka lepana

D:-All of the above

Correct Answer:- Option-C

Question45:-What is the time limit to administer anuvasana vasti after virechana ?



A:-15 days

B:-Immediate

C:-7 days

D:-None of the above

Correct Answer:- Option-C

Question46:-Gambhiradhatvasritam viseshena vastyasritam is indicated for \_\_\_\_\_ vasti.

A:-Kalavasti

B:-Karmavasti

C:-Yoga vasti

D:-Yapana vasti

Correct Answer:- Option-B

Question47:-According to Ashtanga Hridaya, length of Vastinetra, Moolachidra pramana and agrachidra pramana for a person aged 14 years

A:-9 Angula, 2½ Angula, Klinna kalaya

B:-8 Angula, 2 Angula, Kalaya

C:-12 Angula, 3 Angula, Karkanthu

D:-9 Angula, 3 Angula, Klinna kalaya

Correct Answer:- Option-B

Question48:-How many Asthapana Skantha dravyas are enlisted in Charaka Vimana sthana ?

A:-6

B:-3

C:-7

D:-2

Correct Answer:- Option-A

Question49:-Which Sweda is indicated for pitha samshrishta vata kapha vikaras ?

A:-Dravasweda

B:-Tapa and Ushma

C:-Upanaha

D:-Both 1 and 3

Correct Answer:- Option-A

Question50:-Length of Prayogika Dhoomanetra according to Acharya Sushruta

A:-36

B:-32

C:-40

D:-48

Correct Answer:- Option-D

Question51:-Which of the following statements are correct according to sushruta in the context of Vasti Vyapat ?

- i. Dravya doshas and Netra doshas are 11 in number.
- ii. Pranidhana doshas are 6 in number and Sayya doshas are 7 in number.
- iii. Vasti Putaka doshas and Vasti Netra doshas are 8 in number.
- iv. Peedana Doshas are 4 in number and Athura nimitha doshas are 15 in number.

A:-i and ii

B:-i, ii and iii

C:-i and iii

D:-i, ii and iv

Correct Answer:- Option-D

Question52:-Udavarthahara chikitsa has to be adopted in which sneha vasti vyapat ?

A:-Vataavritha

B:-Pureeshavritha

C:-Both 1 and 2

D:-Athyanna avritha

Correct Answer:- Option-B

Question53:-In which Samhita is Hastha sweda and pata sweda mentioned ?

A:-Haritha

B:-Bhela

C:-Kashyapa

D:-Vangasena

Correct Answer:- Option-C

Question54:-Ushnapramathyapaana is explained as treatment of \_\_\_\_\_ vasti vyapat.

A:-Atiyoga

B:-Pravahika

C:-Parisrava

D:-Ayoga

Correct Answer:- Option-D

Question55:-Which of the following vasti vyapat is caused due to asamyak peedana of vasti putaka ?

A:-Urdwa gamana

B:-Hrit prapti

C:-Both 1 and 2

D:-Atiyoga

Correct Answer:-**Question Cancelled**

Question56:-Which of the following statements are correct ?

- i. Jeemuthaka is the best vati dravya for Kushta
- ii. Ikshwaku is the best vasti dravya for prameha
- iii. Krithavedana is the best vasti dravya for Pandu
- iv. Madanaphala is the best vasti dravya for all diseases.

A:-i, ii and iii

B:-ii, iii, iv

C:-i, ii, iv

D:-All of the above

Correct Answer:- Option-C

Question57:-Bindu pramana of Avapeedaka nasya from Avara to Pravara respectively is

A:-8, 6, 4

B:-10, 8, 6

C:-4, 6, 8

D:-6, 8, 10

Correct Answer:- Option-C

Question58:-Among the following Vamanakalpa ghreya yoga is mentioned in

A:-Madana and Ikshwaku

B:-Madana and Jeemutaka

C:-Madana and Kutaja

D:-Dhamargava and Kritavedana

Correct Answer:- Option-A

Question59:-Dose of Trivrit Kalpa is

A:-1 pala

B:-1 karsha

C:-1 sukta

D:-2 pala

Correct Answer:- Option-B

Question60:-Anupana of Thaila and majja snehapana is

A:-Yoosha and Manda

B:-Manda and Yoosha

C:-Mamsa rasa and Manda

D:-Ushna jala and Yoosha

Correct Answer:- Option-A

Question61:-Sarvangavata is indicated for \_\_\_\_\_ swedana karma.

A:-Parisheka

B:-Avagaha

C:-Both 1 and 2

D:-Ushma sweda

Correct Answer:- Option-B

Question62:-Site of Venesection in Gridharasi is

A:-4 Angula above and below knee joint

B:-2 Angula below calf muscle

C:-4 Angula ankle joint

D:-2 Angula in between Great Toe and Second Toe

Correct Answer:- Option-A

Question63:-Match the following. Retention period of Snehadravya in Sirovasti.

A. Vata i. 8000 Matra

B. Pitta ii. 1000 Matra

C. Kapha iii. 10000 Matra

D. Swastha iv. 6000 Matra

A:-A - iii, B - i, C - iv, D - ii

B:-A - iii, B - ii, C - i, D - iv

C:-A - ii, B - iii, C - iv, D - i

D:-A - iv, B - iii, C - ii, D - i

Correct Answer:- Option-A

Question64:-Salila kalpa yogas are mentioned in which Kalpa ?

A:-Sudha kalpa

B:-Kutaja kalpa

C:-Kritavedana kalpa

D:-Tilwaka kalpa

Correct Answer:- Option-B

Question65:-Which of the following statement(s) is correct ?

Samyak lakshana of Sirovasthi is :

i. Aavaktranaasikakledatha

ii. Kaphapoorna aasyatha

iii. Ghranaakshi srava

iv. Sleshmana cheda

A:-Both i and ii

B:-Both ii and iii

C:-Both i and iv

D:-i only

Correct Answer:- Option-D

Question66:-Virechana should be done with \_\_\_\_\_ rasa dravya in kaphaja vyadhi.

- A:-Katu
- B:-Kashaya
- C:-Tikta
- D:-All of these

Correct Answer:- Option-A

Question67:-Mention the part used in Dhamargava kalpa.

- A:-Phala, Pushpa, Pravala
- B:-Phala, Pushpa
- C:-Phalapippali
- D:-Phala, Pushpa, Moola

Correct Answer:- Option-A

Question68:-Bala Vridha Kshataksheena sukumaare cha manave is attributed to which kalpa dravya ?

- A:-Syama Trivrit
- B:-Aragwatha
- C:-Danti
- D:-Both 1 and 2

Correct Answer:- Option-B

Question69:-Matra of Kalyanaka gula is

- A:-Udumbara
- B:-Amalaki
- C:-Vibheethaki
- D:-Kola

Correct Answer:- Option-A

Question70:-Picha yogas are mentioned in \_\_\_\_\_ Kalpa.

- A:-Tilwaka
- B:-Saptalasanikhini
- C:-Krithavedana
- D:-Danti dravanti

Correct Answer:- Option-C

Question71:-According to Charaka, proportion of Kashaya dravya in Niruhavasti yoga is

- A:-1/5
- B:-1/6
- C:-1/4
- D:-1/8

Correct Answer:- Option-A

Question72:-Types of Avapeedaka Nasya as per Charaka is

A:-Sodhana and Sthambana

B:-Sodhana and Snehana

C:-Sodhana and Samana

D:-Sodhana and Brimhana

Correct Answer:- Option-A

Question73:-Sarvaroga prasamanam sarveshu ritushu yougika is mentioned in the context of

A:-Ksheeravasti

B:-Yapana vasti

C:-Anuvasana vasti

D:-Utharavasti

Correct Answer:- Option-B

Question74:-Picha vasti is mentioned as treatment in which of the following Vamana Virechana Vyapat ?

A:-Atiyoga and Jeevadana

B:-Parikarthika and Jeevadana

C:-Atiyoga and Parikarthika

D:-All of the above

Correct Answer:- Option-D

Question75:-According to Ashtanga Hridaya which type of Sastra is to be used for Siravedha in fleshy parts of the body ?

A:-Kutari

B:-Vreehimukha

C:-Soochi

D:-Aara

Correct Answer:- Option-B

Question76:-Virechanam Mukhyatamam kamalaapaham uthamam is mentioned in which context ?

A:-Saptalasanikhini

B:-Sudha

C:-Syamatrivrit

D:-Danti Dravanti

Correct Answer:- Option-D

Question77:-Time of administration of Sneha is attributed to stability of sense organs

A:-Before food

B:-In between food

C:-After food

D:-At bed time

Correct Answer:- Option-C

Question78:-According to Charaka which type of Dhoomapana is to be administered after vamana ?

A:-Snaihika

B:-Vairechinaka

C:-Prayogika

D:-All of the above

Correct Answer:- Option-D

Question79:-Drava ideal for Nithya Gandusha

A:-Sarpi

B:-Kshoudra

C:-Mamsarasa

D:-Ushnodaka

Correct Answer:- Option-C

Question80:-Matra of Anuthaila for Swastha

A:- $\frac{1}{2}$  pala

B:-2 pala

C:-8 bindu

D:-10 bindu

Correct Answer:- Option-A

Question81:-Frequency of Theekshna Dhoomapana is

A:-Once during day time

B:-Twice during day time

C:-Three or four times a day time

D:-None of the above

Correct Answer:- Option-C

Question82:-Ideal treatment of Krathana

A:-Nasya

B:-Dhoomapana

C:-Moordhathaila

D:-Gandusha

Correct Answer:-**Question Cancelled**

Question83:-Nasya can be done in morning and evening in case of

A:-Vyanga

B:-Hikka

C:-Sopha

D:-Peenasa

Correct Answer:- Option-B

Question84:-Nasya with plant extracts, resins, gums etc. comes under

A:-Samana

B:-Brimhana

C:-Both 1 and 2

D:-Virechana

Correct Answer:- Option-B

Question85:-Full form of NABH is

A:-National Accreditation Body for Hospitals

B:-National Accreditation Board for Healthcare Organizations

C:-National Accreditation Board for Hospitals and Healthcare Providers

D:-National Accreditation Body for Hospitals and Healthcare Providers

Correct Answer:- Option-C

Question86:-Major ingredient of Dhanyamla

A:-Thandula

B:-Pruthuka

C:-Laja

D:-Kulatha

Correct Answer:- Option-C

Question87:-In which of the following condition is Vasti administered before Virechana ?

A:-Ruksha and vyayamasheela

B:-Bahuanila and Deepagni

C:-Kruvakoshta

D:-All of the above

Correct Answer:- Option-D

Question88:-Height of Dhara over the body parts

A:-4 Angulas

B:-8 Angulas

C:-12 Angulas

D:-16 Angulas



Correct Answer:- Option-C

Question89:-Thaila eva cha \_\_\_\_\_ nithyabhyasena sasyathe.

A:-Gandusha

B:-Murdha taila

C:-Vasti

D:-Nasya

Correct Answer:- Option-D

Question90:-Snehapana and Vasti are the major treatment principles in

A:-Udara

B:-Prameha

C:-Gulma

D:-Grahani

Correct Answer:- Option-C

Question91:-Virechana oushadha indicated in Haleemaka

A:-Thriphala + Amalaki Swarasa

B:-Trivrit + Amalaki Swarasa

C:-Pippali + Amalaki Swarasa

D:-Aragwadha + Amalaki Swarasa

Correct Answer:- Option-B

Question92:-Prachardana in Visarpa is done with

A:-Yashtimadhu + Indrayava + Phala

B:-Yashtimadhu + Kritavedana + Phala

C:-Yashtimadhu + Jimutaka + Phala

D:-Yashtimadhu + Dhamargava + Phala

Correct Answer:- Option-A

Question93:-Match the following. Benefits of Pratimarsa Nasya with respect to prayoga kala.

A. Aha swapana

i. Klamanaasa

B. Retas

ii. Srotosudhi

C. Gandusha

iii. Maruthasama

D. Dantakashta

iv. Drikbala

A:-A - ii, B - i, C - iv, D - iii

B:-A - i, B - ii, C - iii, D - iv

C:-A - iv, B - iii, C - ii, D - i

D:-A - iii, B - iv, C - ii, D - i

Correct Answer:- Option-A

Question94:-How many days of Sodhananga Snehapana is needed for Kruratama koshta person ?

A:-6

B:-7

C:-8

D:-9

Correct Answer:- Option-D

Question95:-Ideal raktamoksha upaya used for Avagada and Grathitha rakta is

A:-Prachanna

B:-Siravedha

C:-Jalooka

D:-Sringa

Correct Answer:- Option-C

Question96:-Brimhaneeya vidhi is explained for which vamana virechana vyapat ?

A:-Jeevadanam

B:-Vibhramsham

C:-Parikarthika

D:-Parishravam

Correct Answer:- Option-C

Question97:-According to Vagbhata Hrita dosha Pramana for vamana is

A:-1, 1½, 2

B:-½, 1, 2

C:-2, 3, 4

D:-1½, 3, 4

Correct Answer:- Option-B

Question98:-Atisara is caused due to Athiyoga of which Vasti dravya vyapat ?

A:-Atilavana

B:-Atyamla

C:-Atiteekshna

D:-Atyushna

Correct Answer:- Option-A

Question99:-In Kapha vyadhita roga trivruth is administered with

A:-Draksha kwatha

B:-Triphala kwatha

C:-Gomuthra and Vyosha

D:-Both 2 and 3

Correct Answer:-**Question Cancelled**

Question100:-Virechana is the main line of treatment in

A:-Raktagata vata

B:-Mamsa medogata vata

C:-Sukragata vata

D:-All of the above

Correct Answer:- Option-D