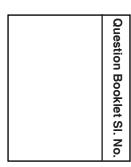
Α

### **Question Booklet Alpha Code**





Total Number of Questions: 100 Time: 90 Minutes

**Maximum Marks: 100** 

### **INSTRUCTIONS TO CANDIDATES**

- 1. The Question Paper will be given in the form of a Question Booklet. There will be four versions of Question Booklets with Question Booklet Alpha Code viz. **A, B, C & D**.
- 2. The Question Booklet Alpha Code will be printed on the top left margin of the facing sheet of the Question Booklet.
- 3. The Question Booklet Alpha Code allotted to you will be noted in your seating position in the Examination Hall.
- 4. If you get a Question Booklet where the alpha code does not match to the allotted alpha code in the seating position, please draw the attention of the Invigilator IMMEDIATELY.
- 5. The Question Booklet Serial Number is printed on the top right margin of the facing sheet. If your Question Booklet is un-numbered, please get it replaced by new Question Booklet with same alpha code.
- 6. The Question Booklet will be sealed at the middle of the right margin. Candidate should not open the Question Booklet, until the indication is given to start answering.
- 7. Immediately after the commencement of the examination, the candidate should check that the Question Booklet supplied to him/her contains all the 100 questions in serial order. The Question Booklet does not have unprinted or torn or missing pages and if so he/she should bring it to the notice of the Invigilator and get it replaced by a complete booklet with same alpha code. This is most important.
- 8. A blank sheet of paper is attached to the Question Booklet. This may be used for rough work.
- 9. Please read carefully all the instructions on the reverse of the Answer Sheet before marking your answers.
- 10. Each question is provided with four choices (A), (B), (C) and (D) having one correct answer. Choose the correct answer and darken the bubble corresponding to the question number using Blue or Black Ball Point Pen in the OMR Answer Sheet.
- 11. Each correct answer carries 1 mark and for each wrong answer 1/3 mark will be deducted. No negative mark for unattended questions.
- 12. No candidate will be allowed to leave the examination hall till the end of the session and without handing over his/her Answer Sheet to the Invigilator. Candidates should ensure that the Invigilator has verified all the entries in the Register Number Coding Sheet and that the Invigilator has affixed his/her signature in the space provided.
- 13. Strict compliance of instructions is essential. Any malpractice or attempt to commit any kind of malpractice in the Examination will result in the disqualification of the candidate.

**A** -2-

1.	Doctor who has spec A) Psychiatrist				D)	Physiatrist
2.	Locking muscle of kn A) Piriformis C) Semimembranosu	•	,	Popliteus Semitendinosus		
3.	Domain of "Communication A) Psychomotor	•		•	D)	Intrinsic
4.	Wrist joint is a type of A) Hinge		C)	Ellipsoid	D)	Condyloid
5.	Infrared operates bet A) 300 to 700				D)	1400 to 1800
6.	Gout is due to deposit A) Uric acid C) Calcium pyrophos		B)	Homogentisic aci Calcium apatite	d	
7.	F wave studies use _ A) Supramaximal	stimulus.  B) Submaximal	C)	Normal	D)	Suboptimal
8.	Ligament that exists a A) Transverse Carpa C) Scaphohamate		B)	Piezohamate Radiocarpal		
9.	All are causes of peri A) Hypothyroidism				D)	Paracetamol
10.	Contraindication for c A) Scar tissue C) Abscess	continuous mode Ultra	B)	nd Therapy includ Healing bone frac Cartilage in childr	cture	•
11.	In sciatic nerve palsy A) Knee flexion C) Ankle dorsiflexion		B)	ted except Knee extension Ankle plantarflexi	on	
12.	In which of the follow  A) Duchenne Muscu  C) Nemaline myopat	lar Dystrophy	B)	loss of reflexes? Beckers Muscula Spinal Muscular	r Dy	

13.	Interphalangial joint of A) Flexor Pollicis Lor B) Flexor Pollicis Bre C) Abductor Pollicis D) Adductor Pollicis	ngus evis		
14.	Which of the following  A) Screwing a lid wit  B) Unscrewing a lid wit  C) Screwing a lid wit  D) Loosening a nut to	h right hand with right hand h left hand	as an exercise in Rhe	umatoid Arthritis ?
15.	Normal human residu A) 20	ual urine in adult is les B) 50	ss than ml. C) 100	D) 150
16.	Poncetti correction is A) Calcaneocavus fe B) Congenital Talipe C) Planovalgus feet D) Focal Femoral De	eet s Equinovarus feet		
17.	One eyed person car A) 60	ries % dis B) 50	sability according to R C) 40	PWD Guidelines. D) 30
18.	Which nerve is usual A) ulnar	ly used for cable graf B) radial	t ? C) tibial	D) sural
19.	The scheme for givin A) Anuyatra C) Aswasakiranam	g financial assistance	_	idden patients is
20.	International day for (A) 1982	differently abled was t B) 1992	first celebrated on De C) 2002	cember 3 of D) 2012
21.	The least common us  A) Stroke B) Duchenne Muscu C) Cerebral Palsy D) Traumatic Brain I	lar Dystrophy	uced Movement Ther	apy is in

Α

22.	2 percent of Gait cycle comes under swing phase.			
	A) 30 B) 40	C) 50	D) 60	
23.	Activity Limitation is the new terminology	for		
	A) Impairment	B) Disability		
	C) Handicap	D) Participation Rest	riction	
24.	SVNIRTAR is situated in			
	A) Maharashtra B) Gujarat	C) West Bengal	D) Odisha	
25.	Calisthenics is a form of			
	A) Remedial education	B) Massage		
	C) Locomotor assistive devise	D) Exercises		
26.	Boston brace is used in			
	A) Scoliosis	B) Tibia Vara		
	C) Genu Valgus	D) Perthes Disease		
27.	Which of the following muscles is a Dorsi	iflexor of ankle ?		
	A) Gastrocnemius	B) Tibialis Posterior		
	C) Peroneus Tertius	D) Peroneus Longus	•	
28.	Close packed position of ankle joint			
	A) plantarflexed and inverted	B) plantarflexed and	everted	
	C) dorsiflexed and inverted	D) dorsiflexed and ev	verted	
29.	When an externally applied force is greamuscle, contraction results.	ater than internally gene	erated force in the	
	A) concentric B) eccentric	C) velocentric	D) epicentric	
30.	Space between elastic barrier and anator	mic barrier is termed	space.	
	A) anatomic	B) parametric		
	C) physiologic	D) paraphysiologic		
31.	Load is between fulcrum and effort in	lever.		
	A) Class I B) Class II	C) Class III	D) Class I and II	
32.	Amortisation phase is found in			
	A) box jumping	B) running		
	C) swimming	D) stair climbing		

33.	Properties of low power LASERs include al A) Coherence C) Monochromaticity	l except B) Collimation D) Thermal ablation
34.	The commonest frequency used in Short W MHz.	ave Diathermy for medical use is
	A) 13.56 C) 40.68	B) 27.12 D) 54.24
35.	Plumbline in ideal erect posture passes A) anterior to hip joint C) anterior to ankle joint	<ul><li>B) posterior to ankle joint</li><li>D) posterior to shoulder joint</li></ul>
36.	All the following Asanas are contraindicated A) Paschimottanasana C) Makarasana	d in Lumbar Disc Prolapse except B) Baddha Konasana D) Sasangasana
37.	Which of the following is not a component of A) Otolith organs C) Lateral semicircular canal	of vestibular system ? B) Saccule D) Cochlea
38.	The characteristic feature of LMN paralysis  A) spasticity  C) flaccid weakness	B) hyperreflexia D) rigidity
39.	The main shock absorber of knee joint  A) Meniscus  C) Cartilage	B) Collateral Ligament D) Cruciate Ligament
40.	Maximum Safe Current Density at Cathode A) 50 C) 150	in Iontophoresis is mA/cm².  B) 100 D) 200
41.	The Pain Gate is situated in  A) Unmyelinated peripheral nerve  C) Basal Ganglia	B) Spinal cord D) Hippocampus
42.	Therapeutic Ultrasound energy is maximum A) Frenzel Zone C) Far field	n at B) Fraunhofer Zone D) Noninterference Zone

43.	Cryotherapy is useful in  A) Abscess C) Urticaria	,	Raynauds disease DOMS
44.	In which all positions Diaphragmatic breath A) Supine C) Standing	B)	can be advised ? Sitting All of the above
45.	Which of the following is predominantly an A) Weight Lifting C) Swimming	B)	aerobic exercise ? Running Cross country Skiing
46.	Which one is not a risk factor for low back part A) Hyper lordotic posture  C) Female gender	B)	in paediatric population? History of spinal trauma Poor school performance
47.	Neuro Developmental Treatment in Cerebr A) Rood C) Bobath	B)	Palsy was put forward by Vojta Doman-Delacato
48.	In Bell's palsy the lesion is located  A) Cerebral cortex  C) Facial nucleus	,	Facial canal None
49.	In nulliparous woman, the Inter Recti Dista approximately A) 27 mm C) 45 mm	B)	e (IRD) at the umbilicus is  11 mm 5 mm
50.	SIGAM algorithm is related to A) Cardiac rehabilitation B) Amputee rehabilitation C) Oncology rehabilitation D) None of the above		
51.	Which exercise is to be avoided in a patient A) ROM exercise C) Endurance training	B)	th burns ? Resistance training None of the above

-7-

Α

52. Based on evidence, which of the following exercise regimen is preferred with chronic arterial insufficiency ?			
	A) Graded exercise programme	B) Buerger exercises	
	C) Both A) and B)	D) None of the above	
53.	Complex Decongestive Therapy (CDT) is u	ised in the treatment of	
	A) Cancer related cachexia	B) Cancer related lymphedema	
	C) Cancer related fatigue	D) Cancer pain	
54.	Which of the following is a part of guidelines for A) Provide individually tailored exercise probability and the Supplement Vitamin D  C) Minimise medication  D) All of the above		
55.	Which of the following is an absolute contrain	ndication for exercise during pregnancy?	
	A) Maternal type 1 diabetes	B) Pre eclampsia	
	C) Both A) and B)	D) None of the above	
56.	Which is not a function of the frontal lobe o	f the brain ?	
	A) Emotional control	B) Language	
	C) Visual processing	D) Micturition	
57.	Suspended sensory loss is found in  A) Isolated lesion in dorsal column of spinal B) Lesions in the centre of spinal cord C) Lesions damaging one side of spinal co D) None of the above		
58.	The following are non motor symptoms of F	Parkinson's disease except	
	A) Depression	B) Hypersomnolence	
	C) Pain	D) Tremor	
59.	Which is a non infective cause of meningiti	s?	
	A) Mumps	B) Varicella zoster	
	C) Amoeba	D) Sarcoidosis	

60.	Which of the following  A) Glioma  C) Medulloblastoma	g is a benign primary	B)	n tumour ? Meningioma Ependymoma	
61.	Benefits of Treadmill A) Improvement in b C) Increased muscle	alance	B)	sease include Improvement in m All of the above	nood
62.	Constraint Induced MA) Rood C) Edward Taub	lovement Therapy wa	B)	st proposed by Berta Bobath Jennie Colby	
63.	TBI (Traumatic Br	onment has got benefain Injury). ncussion, physical train is correct is correct are correct			
64.	Which of the followin Spinal Injury Associa A) AIS – A	tion classification?		ord injury accordin	g to the American  D) AIS – D
65.	Which of the following syndrome?  A) Muscle setting extended by Tendon gliding extended by Endurance exercing the All of the above	ercise ercise	pera	ative managemen	t of Carpal tunnel
66.	When performed alo function in Motor Neu		win	g exercise is less	likely to improve
	<ul><li>A) Aerobic programm</li><li>C) Stretching program</li></ul>	mme	D)	Strengthening pro	ogramme
Α		-9	-		

67.	<ul> <li>Read the following statements.</li> <li>1. Endurance training can compensate neuropathy.</li> <li>2. Exercise benefits sensory as well as A) Only 1 is correct</li> <li>C) Both are correct</li> </ul>	
68.	In the management of peripheral nerve management strategies in the acute phata) Movement  C) Splinting	injury, which of the following is not a part of ase?  B) Desensitization D) Patient education
69.	Which one of the following is an example A) MIT-MANUS C) iPAM	e of dual point of contact robotic system?  B) GENTLE  D) Both A) and B)
70.	According to ASIA impairment scale for represent motor incomplete SCI ?  A) AIS-C  C) AIS-B	B) AIS-D D) Both A) and B)
71.	The maximum amount of air that can be possible breath is known as  A) Total lung capacity  C) Forced expiratory volume	e expelled from the lungs after the deepest  B) Vital capacity D) Residual volume
72.	Which of the following are risk factors for A) Tobacco smoking C) Cannabis smoking	or development of COPD ?  B) Low socio economic status  D) All of the above
73.	Mantoux test is read at what time interval A) 3-7 days B) 7-10 days	al after doing the injection ?  C) 2-4 days  D) 1 day
	Among the following, which cell type is (A) Squamous C) Small-cell	B) Adenocarcinoma D) Large-cell
Α		-10-

75.	<ul> <li>All of the following about diaphragmatic broad</li> <li>A) Improve efficiency of ventilation</li> <li>B) Decrease work of breathing</li> <li>C) Decrease gas exchange and oxygenation</li> <li>D) Increase the excursion of diaphragm</li> </ul>	
76.	The cough mechanism consists of the followorder.  1. Abdominal muscles contract and diapher.  2. Deep inspiration occurs  3. Glottis closes, vocal cord tightens  4. Glottis opens and explosive expiration of A) 1, 2, 3, 4  C) 3, 1, 2, 4	ragm elevates
77.	Contra indications to exercise in a cardiac except  A) Resting systolic BP greater than 200 m  B) Resting diastolic BP more than 110 mm  C) Increase in systolic BP more than 10 m  D) Symptomatic orthostatic systolic BP de	m n Hg m Hg with exercise
78.	In Borg's Rating of Perceived Exertion (RP intensity of exercise is  A) Very very hard  C) Fairly light	PE) scale a score of 19 indicates the  B) Somewhat hard  D) Very light
79.	<ul><li>Which of the following is part of Active Cyc</li><li>A) Breathing control</li><li>C) Forced expiratory technique</li></ul>	ele of Breathing Technique (ACBT) ?  B) Thoracic expansion  D) All of the above
80.	In a case of pleural effusion, the aims of ph A) To prevent formation of pleural adhesic B) To increase ventilation of the lungs C) To decrease expansion of affected lung D) None of the above	ons
Α	-11	-

- 81. **1.** Carpal Tunnel Syndrome (CTS) is characterized by the sensory loss and motor weakness that occur when the median nerve is compromised in the carpal tunnel.
  - **2.** Anything that decreases the space in the carpal tunnel or causes the contents of the tunnel to enlarge could compress or restrict the mobility of the median nerve, causing a compression or traction injury and neurological symptoms distal to the wrist.

One of the following is correct:

A) Both 1 and 2 are true

B) 1 is false 2 is true

C) Both 1 and 2 are false

D) 1 is true 2 is false

- 82. For mobilization of cervical spine, the commonly used techniques are
  - 1. Longitudinal movement
  - 2. PA central pressure
  - 3. PA unilateral pressure
  - 4. Lateral flexion
  - 5. Rotation
  - 6. AP unilateral pressure

Out of the above six techniques, three are the most commonly used for mobilization of Upper cervical spine (occiput- C2). The techniques are:

A) 1, 2 and 3

B) 1, 4 and 5

C) 4, 5 and 6

D) 2, 3 and 5

- 83. The Acromioclavicular joint is a plane synovial joint that augments the ROM of the humerus in the glenoid. The acromion process of scapula which forms one the AC joint has four different types of under surfaces or shapes.
  - 1. Flat
  - 2. Curved
  - 3. Hooked
  - 4. Convex/Upturned

One of the following statements is true:

- A) Rotator cuff tear is seen in all four types of Acromion process but 70 % Rotator cuff tear are associated with convex type
- B) Rotator cuff tear is only associated with flat type
- C) Rotator cuff tear has no association with the type of shape of Acromion process
- D) None of the above

84.	Involuntary resistance being maintained during passive movement and without collapse of the muscle and is a result of hypertonia seen in extrapyramidal lesion is called as					
	A) Hypermobili	ty B)	Rigidity	C) Spasticit	ty	D) Flaccidity
85.	Reason : Tenso media A) Both Asserti Assertion	or Fasciae us and min on and Re on and Re true but F	Latae (TFL) as nimus. eason are true eason are true	sists in hip internate. Reason is corresponding to the contract of the contrac	a; rotation	nation of explanation of
86.		olar glide o Radiocarp		ed scaphoid / fix	red lunate	increases flexion
		diocarpal j	•	matics, radius is	convex a	and scaphoid and
	A) Both Asserti	on and Re	eason are true	. Reason is corr	ect explai	nation of
	B) Both Asserti Assertion	on and Re	eason are true	, but Reason is	not correc	ct explanation of
	C) Assertion is					
	D) Both Asserti					
87.	Walking, Climbi A) 7 times, 3.5 B) 0.3 times, 2. C) 0.3 times, 7	ng stairs, times, 2.5 5 times, 3 times, 3.5	Descending statements, 0.3 times, 7 times, 2.5 times, 2	•	ht ht ht	ties respectively:
88.			-	enohumeral Inter (GERD) ratio is		on Deficit (GIRD) /
	A) >1	B)	<1	C) =1		D) ±1
89.	Receptors in the detectsA) Angular and C) Radial and I	_ accelera Linear			nd Angula	

- 90. The primary benefits of physical activities in older adults are A) Slowing physiological changes of ageing B) Minimizing risk of physical disability C) Decrease in the risk of developing chronic diseases D) All of the above 91. Lateral collateral ligament of Elbow Instability is tested by one of the following B) Ligamentous Valgus Instability A) Ligamentous Varus Instability D) Lateral pivot shift test C) Moving Valgus stress test 92. Sacrotuberous ligament stress is performed by A) Sacral Thrust B) Knee to Chest test C) Hibb's test D) Gapping test 93. A form of resistance training that combines a rapid eccentric muscle contraction followed by a rapid concentric contraction to produce a fast forceful movement is referred as A) Flexibility training B) Plyometric training D) Speed training C) Agility training 94. **Assertion:** Thoracic outlet syndrome are common in patients with chronic scapular dyskinesis. **Reason:** Scapular dyskinesis is presented with tight pectoralis minor, scalene and upper trapezius muscles, with weak serratus anterior and lower trapezius muscles.
  - A) Both Assertion and Reason are true. Reason is correct explanation of Assertion
  - B) Both Assertion and Reason are true, but Reason is not correct explanation of Assertion
  - C) Assertion is true but Reason is false
  - D) Both Assertion and Reason are false
- 95. **Assertion :** Lateral ligament injury is characterised by damage to ATFL( Anteriortalo-Fibular Ligament) before CFL (Calcaneo-Fibular Ligament).

**Reason :** Because of the ATFL is taut in plantar flexion and the CFL is relatively loose.

- A) Both Assertion and Reason are true. Reason is correct explanation of Assertion
- B) Both Assertion and Reason are true, but Reason is not correct explanation of Assertion
- C) Assertion is true but Reason is false
- D) Both Assertion and Reason are false

Α

- 96. In natural history of disease, the 'pathogenesis phase' is deemed to start upon
  - A) Entry of disease 'agent' in the susceptible human host
  - B) Appearance of sign and symptoms
  - C) Appearance of complications
  - D) Interaction between agent, host and environmental factors
- 97. Which of the following is not a direct mode of transmission?
  - A) Droplet infection
  - B) Transplacental
  - C) Vector borne- mechanical and biological
  - D) Direct contact
- 98. Assertion: Passive immunity differs from active immunity.

**Reason:** Immunity is rapidly established and only temporary; There is no education of Reticuloendothelial system.

- A) Both Assertion and Reason are true. Reason is correct explanation of Assertion
- B) Both Assertion and Reason are true, but Reason is not correct explanation of Assertion
- C) Assertion is true but Reason is false
- D) Both Assertion and Reason are false
- 99. "HEALTH FOR ALL" by year 2000, that is attainment of a level of health that will permit all people
  - A) To lead economically productive life
  - B) To lead a socially and economically productive life
  - C) Without disease in future
  - D) Have healthy life without death and suffering
- 100. Silicosis was first reported in India from
  - A) Narwapahar Mines (Jharkhand) in 1955
  - B) Parasi Mines (Jharkhand) in 1953
  - C) Hatti Gold Mines (Karnataka) in 1949
  - D) Kolar Gold Mines (Mysore) in 1947

**A** -15-

Space for Rough Work

**A** -16-