

PROVISIONAL ANSWER KEY

Question Paper Code:	20/2021/OL
Category Code:	022/2021
Exam:	Medical Officer (Ayurveda) (SR for SC/ST)
Date of Test	23-12-2021
Department	Indian Systems of Medicine
Alphacode	A

Question1:-Arkavilokanam is indicated as a therapy for the suppression of

- A:-Udgara vega
- B:-Kasa vega
- C:-Sramaswasa vega
- D:-Kshuth vega

Correct Answer:- Option-D

Question2:-Three subpillars of life (trayopasthambha) according to ayurveda

- A:-Vata, Pitta and Kapha
- B:-Ahara, Nidra and Brahmacharya
- C:-Dharma, Artha and Kama
- D:-Ahimsa, Satyam and Asteyam

Correct Answer:- Option-B

Question3:-Kalavasti includes

- A:-15 vasti
- B:-8 vasti
- C:-25 vasti
- D:-30 vasti

Correct Answer:- Option-A

Question4:-Vyayama is contraindicated in

- A:-Vyanga
- B:-Akshiroga
- C:-Ajeerna
- D:-Masaka

Correct Answer:- Option-C

Question5:-Paramoushadha of pitta dosha

- A:-Tailam
- B:-Ghritham
- C:-Vasti
- D:-Madhu

Correct Answer:- Option-B

Question6:-Brimhana nasya is indicated for

- A:-Apasmaram
- B:-Dantasula
- C:-Kesadosham
- D:-Apabahukam

Correct Answer:- Option-D

Question7:-Sarirabala is least during

- A:-Varsha kala
- B:-Seeta kala
- C:-Vasanth kala
- D:-Sarat kala

Correct Answer:- Option-A

Question8:-Bhishakvasya is the quality mentioned for

- A:-Paricharaka
- B:-Bhishak
- C:-Rogi
- D:-Others

Correct Answer:- Option-C

Question9:-Avapeedaka nasya will be done by using

- A:-Churna
- B:-Niryasa
- C:-Mamsarasa
- D:-Kalkam

Correct Answer:- Option-D

Question10:-Tamrachuda is indicated in the suppression of

- A:-Mootra vega
- B:-Sukla vega
- C:-Kasa vega
- D:-Adhovata

Correct Answer:- Option-B

Question11:-Tikta rasa is predominant in

- A:-Akasa and vayu bhuta
- B:-Prithvi and tejo bhuta
- C:-Prithvi and jala bhuta
- D:-Agni and vayu bhuta

Correct Answer:- Option-A

Question12:-Timing of nasya for swastha during greeshma ritu

- A:-Morning
- B:-Noon
- C:-Evening
- D:-Any time

Correct Answer:- Option-C

Question13:-For snehana tila is contraindicated in

- A:-Sopham
- B:-Arsas
- C:-Asmari
- D:-Pandu

Correct Answer:- Option-A

Question14:-All amla dravyas are pitta vardhaka except

- A:-Matulunga
- B:-Dadima
- C:-Amrataka
- D:-Amra

Correct Answer:- Option-B

Question15:-Pandutwam is the lakshana of

- A:-Samyaksnidha
- B:-Ayoga
- C:-Atisnidha
- D:-Rukshatwa

Correct Answer:- Option-C

Question16:-Madhuradravyas are sleshmala (kaphavardhaka) except

- A:-Draksha

B:-Ikshu

C:-Sita

D:-Godhooma

Correct Answer:- Option-D

Question17:-Swedana is contraindicated for

A:-Mootrakrichram

B:-Swarabhedam

C:-Arbudam

D:-Pandu roga

Correct Answer:- Option-D

Question18:-Aggravated pitta will cause

A:-Pralapa

B:-Ushna kamitwam

C:-Alpa nidrata

D:-Prasekam

Correct Answer:- Option-C

Question19:-Vamana is contraindicated in

A:-Navajwaram

B:-Arsas

C:-Prameham

D:-Visarpam

Correct Answer:- Option-B

Question20:-Roga marga of Arbuda

A:-Sakha

B:-Koshta

C:-Asthisandhi

D:-All

Correct Answer:- Option-A

Question21:-Persons with 'Sukumara upacharata' having excellence of

A:-Mamsasara

B:-Majjasara

C:-Medosara

D:-Asthisara

Correct Answer:- Option-C

Question22:-Pleehavidhi is seen in

A:-Medovridhi

B:-Medakshaya

C:-Mamsakshaya

D:-Majjakshaya

Correct Answer:- Option-B

Question23:-Karyakaranadhama is a type of

A:-Arthasraya

B:-Tachilya

C:-Vyakhya

D:-Tantrayukthi

Correct Answer:- Option-A

Question24:-Smriti is derived as a

A:-Atmaja bhava

B:-Satmyaja bhava

C:-Satwaja bhava

D:-Both 1 and 3

Correct Answer:- Option-D

Question25:-'Kledamedopasoshana' is due to the intake of

A:-Katurasa

B:-Kashayarasa

C:-Tiktharasa

D:-All the above

Correct Answer:- Option-D

Question26:-Chaturvidha pareeksha is mentioned in Charakasutrasthana ____ adhyaya.

A:-Yajjapurusheeya

B:-Athreya bhadrakapeeya

C:-Thisraishaneeya

D:-Maharoga

Correct Answer:- Option-C

Question27:-Pramanas accepted by Jainas are

A:-4

B:-3

C:-2

D:-1

Correct Answer:- Option-C

Question28:-'Yogamrutham' is written by

A:-Uppott Kannan

B:-Kaikkulangara Ramavarrier

C:-Thrikkovil Uzhutra varrier

D:-Iswarasena

Correct Answer:- Option-A

Question29:-Iswarapranidhana is a type of

A:-Yama

B:-Samadhi

C:-Niyama

D:-Pratyahara

Correct Answer:- Option-C

Question30:-Divaswapna is contraindicated in

A:-Vasantha Ritu

B:-Sarat Ritu

C:-Hemantha Ritu

D:-Both 1 and 2

Correct Answer:- Option-D

Question31:-Koch's disease is otherwise known as

A:-Typhoid

B:-Dengue fever

C:-Tuberculosis

D:-Yellow fever

Correct Answer:- Option-C

Question32:-Flavi-ribo virus is the pathogen of

A:-Mumps

B:-Dengue fever

C:-Rabies

D:-Influenza

Correct Answer:- Option-B

Question33:-Hraseeyasi Uthamamatra of Acha snehapana digests by

- A:-2 yama
- B:-3 yama
- C:-6 yama
- D:-4 yama

Correct Answer:- Option-D

Question34:-Desirable no. of Virechana vegas of Pravara suddhi are

- A:-10
- B:-20
- C:-30
- D:-40

Correct Answer:- Option-C

Question35:-Which among the following is ideal for regular practice of Nasya in a healthy as per Vagbhata ?

- A:-Anu Tailam
- B:-Tila Tailam
- C:-Nimba Tailam
- D:-Sarshapa Tailam

Correct Answer:- Option-B

Question36:-Kabala dharana is indicated in

- A:-Mukharoga
- B:-Manyaroga
- C:-Peenasa
- D:-All the above

Correct Answer:- Option-D

Question37:-Which among the following is Vatanulomana ?

- A:-Peya
- B:-Vilepi
- C:-Manda
- D:-Odana

Correct Answer:- Option-C

Question38:-As per Charaka Vasthivyapath are

- A:-10
- B:-12
- C:-14
- D:-16

Correct Answer:- Option-B

Question39:-Niruhamatra for 50 years of age is

- A:-9 prsrutha
- B:-10 prsrutha
- C:-11 prsrutha
- D:-12 prsrutha

Correct Answer:- Option-D

Question40:-Nivruthi kala of Anuvasana is

- A:-3 yama
- B:-2 yama
- C:-1 yama
- D:-1 muhurtha

Correct Answer:- Option-A

Question41:-Nidana, dosha and dooshya are 3 main factors described by Charaka as

- A:-Samprapthi ghatakas

B:-Vyadhighatakas

C:-Amaghatakas

D:-All of these

Correct Answer:- Option-B

Question42:-Shadkriyakalas are well explained by

A:-Vagbata

B:-Charaka

C:-Sarangadhara

D:-Susruta

Correct Answer:- Option-D

Question43:-Dosha, dooshya and treatment methodology is similar in

A:-Prameha and Muthrakruschra

B:-Prameha and Sthoulya

C:-Prameha and Udara

D:-All of the above

Correct Answer:- Option-B

Question44:-Among the Swasa rogas _____ is settled without any treatment.

A:-Kshudraka

B:-Thamaka

C:-Chinna

D:-Mahan and Urdwa

Correct Answer:- Option-A

Question45:-Langhana is contraindicated in ____ Jwara.

A:-Sudha vata

B:-Khaya

C:-Aganthu and Jeerna Jwara

D:-All of these

Correct Answer:- Option-D

Question46:-Among these which type of raktapittha is saadya ?

A:-Adogam

B:-Urdhwakam

C:-Ubayaanam

D:-None of these

Correct Answer:- Option-B

Question47:-Brumhana treatment is advised in ____ type of Prameha.

A:-Kaphaja

B:-Pittaja

C:-Vataja and Krusa

D:-None of these

Correct Answer:- Option-C

Question48:-Gulma is _____ predominant Roga.

A:-Vata

B:-Pitta

C:-Kapha

D:-Sannipataja

Correct Answer:- Option-A

Question49:-If Thrishna follows as a complication of a disease which is to be treated first ?

A:-Thrishna

B:-The disease

C:-The disease and thrishna

D:-Can ignore thrishna

Correct Answer:- Option-A

Question50:-Which type of Madhumeha is Saadhya ?

A:-Kshayaja

B:-Avaranaja

C:-Both Kshayaja and Avaranaja

D:-None of these

Correct Answer:- Option-B

Question51:-In Hidma roga and swasa roga Madhurasnigda seetha type of management is advised if it is due to

A:-Kshathaksheena

B:-Raktapitta

C:-Dahanubandhaja

D:-All of these

Correct Answer:- Option-D

Question52:-First line of management in Amathisaara is

A:-Langhana

B:-Brumhana

C:-Sthambana

D:-Anulomana

Correct Answer:- Option-D

Question53:-The colour of mala in kapharuddhapada kamala is

A:-Green

B:-White

C:-Black

D:-Greenish yellow

Correct Answer:- Option-B

Question54:-Upavisha prayoga is advised in

A:-Udara roga

B:-Swasaroga

C:-Prameharoga

D:-Pandu roga

Correct Answer:- Option-A

Question55:-First line of treatment in Vatasonita is

A:-Virechana

B:-Rakthamoksha

C:-Vamana

D:-Vasthy

Correct Answer:- Option-B

Question56:-In Bahusrava kaphadika Visarpa _____ is contraindicated.

A:-Virechana

B:-Rakthamoksha

C:-Vamana

D:-Snehana

Correct Answer:- Option-D

Question57:-Sarpiguda has been described in _____ roga chikitsa.

A:-Vata

B:-Prameha

C:-Kshayakasa

D:-Gunma

Correct Answer:- Option-C

Question58:-In Nirupasthambavata _____ is the first line of management.

- A:-Rukshana
- B:-Snehasweda
- C:-Vamana
- D:-Rakthamoksha

Correct Answer:- Option-B

Question59:-Vigathaathisaarakshanas are

- A:-Uchharat vina malamoothrapravruthi
- B:-Agni deepthi
- C:-Laghukoshta
- D:-All of these

Correct Answer:- Option-D

Question60:-Thakraarishta has been described in _____ chikitsa.

- A:-Vataroga
- B:-Swasaroga
- C:-Raktapitta
- D:-Arsoroga

Correct Answer:- Option-D

Question61:-Shadpalaghrutha which has been described in Rajayakshma, is advised in ____ roga with mild modification (instead of milk prasanna/sura is added)

- A:-Vata
- B:-Grahani
- C:-Gunma
- D:-Madathyayam

Correct Answer:- Option-C

Question62:-Which type of Nasya is useful in Arditha ?

- A:-Samana
- B:-Sodhana
- C:-Brumhana
- D:-All of these

Correct Answer:- Option-B

Question63:-Aparajitha Doopanam has been described in

- A:-Jwara chikitsa
- B:-Unmada chikitsa
- C:-Madathyayachikitsa
- D:-Arsochikitsa

Correct Answer:- Option-A

Question64:-In Urustahmba chikitsa these are contraindicated

- A:-Vamana and Virechana
- B:-Snehana and Sodhana
- C:-Rookshana karmas
- D:-All of these

Correct Answer:- Option-B

Question65:-In agropaharaneeya adhyaya of Susruta Samhitha which drug is recommended in Sastranipathajatha Vedana ?

- A:-Jathyadi ghrutha
- B:-Yashtimadhu ghrutha
- C:-Karanjadi ghrutha
- D:-Thilwaka ghrutha

Correct Answer:- Option-B

Question66:-Vrana guna are the following except

- A:-Visala

- B:-Sama
- C:-Nirasraya
- D:-Daruna

Correct Answer:- Option-D

Question67:-Thiryak eheda are indicated in

- A:-Pani
- B:-Kukshi
- C:-Guda
- D:-Medra

Correct Answer:- Option-B

Question68:-According to Suruthacharya Vaidya guna required for a surgeon are the following except

- A:-Saurya
- B:-Ashukriya
- C:-Sweda
- D:-Avepathu

Correct Answer:- Option-C

Question69:-Mandalagra Sastra is indicated in

- A:-Chedana
- B:-Bhedana
- C:-Visravana
- D:-Vyadhana

Correct Answer:- Option-A

Question70:-The instrument used for Vyadhana

- A:-Kutarika
- B:-Dantasankhu
- C:-Kusapatra
- D:-Mudrika

Correct Answer:- Option-A

Question71:-Chedana should be practised in

- A:-Panasa
- B:-Vilwaphala
- C:-Pushpaphala
- D:-Salmali

Correct Answer:- Option-C

Question72:-Kshara : Pradhana thama because

- A:-Bandha Karanat
- B:-Bhedya Karanat
- C:-Apunarbhavat
- D:-Vishyanda Karanat

Correct Answer:- Option-B

Question73:-Indication of Prathisaraneeya Kshara include the following except

- A:-Rohini
- B:-Udara
- C:-Upakusa
- D:-Vidradhi

Correct Answer:- Option-B

Question74:-According to Susruthacharya the number of Ksharaguna are

- A:-10
- B:-6
- C:-8

D:-16

Correct Answer:- Option-C

Question75:-Kalka used in Poothimamsa

A:-Lasuna

B:-Vilwa

C:-Mamsa

D:-Thila

Correct Answer:- Option-D

Question76:-Ghrushti Ksheera and Chakra thaila are indicated in

A:-Bhagna

B:-Vrana

C:-Pakshaghata

D:-Kshaya

Correct Answer:- Option-A

Question77:-Gulgulu paneha pala choorna was seen in the Prakarana of

A:-Vathavyadhi

B:-Dushtavrana

C:-Sadyavrana

D:-Bhagandara

Correct Answer:- Option-D

Question78:-Karanjadi ghrutha is indicated in

A:-Alaji

B:-Vidradhi

C:-Rakthapitha

D:-Udara

Correct Answer:- Option-B

Question79:-Following are the types of Seevana except

A:-Rijugranthi

B:-Vellithaka

C:-Tunnasevini

D:-Vayasathunda

Correct Answer:- Option-D

Question80:-According to Susrutha types of Prasara are

A:-2

B:-7

C:-15

D:-12

Correct Answer:- Option-C

Question81:-Vranavasthu are the following dhathus except

A:-Rasa

B:-Mamsa

C:-Sandhi

D:-Snayu

Correct Answer:- Option-A

Question82:-According to Susruthacharya poorvakarma of surgical procedure include

A:-Bandha

B:-Vimlapana

C:-Kalka

D:-Dhara

Correct Answer:- Option-B

Question83:-Savisha jalooka include

- A:-Savarika
- B:-Mooshaka
- C:-Kapila
- D:-Krushna

Correct Answer:- Option-D

Question84:-Upayantras according to Susruta Samhitha are the following except

- A:-Venika
- B:-Rejju
- C:-Sukha
- D:-Kacha

Correct Answer:- Option-D

Question85:-No. of garbaja rogas as per "Sarghadhara"

- A:-Five
- B:-Six
- C:-Seven
- D:-Eight

Correct Answer:- Option-D

Question86:-Amenorrhoea is seen in

- A:-Udavartha
- B:-Viplutha
- C:-Pariplutha
- D:-Vandhya

Correct Answer:- Option-D

Question87:-The drug of choice in Raktha pradhara

- A:-Asokarishtam
- B:-Aswagandharishtam
- C:-Lohasav
- D:-All the above

Correct Answer:- Option-A

Question88:-Soma roga is caused by

- A:-Ati maidhuna
- B:-Sokha
- C:-Gara visha
- D:-All the above

Correct Answer:- Option-A

Question89:-The dose of drug in general advised by kasyapa in new born

- A:-Bhadari pramana
- B:-Vidanga pramana
- C:-Aksha phala pramana
- D:-Koal pramana

Correct Answer:- Option-D

Question90:-"Sva graha" was told by

- A:-Caraka
- B:-Susruta
- C:-Vagbhata
- D:-Kasyapa

Correct Answer:- Option-C

Question91:-Green stools is a characteristic feature of

- A:-Sitha poothana

B:-Anthapoothana

C:-Revathy graham

D:-Sakunigraha

Correct Answer:- Option-C

Question92:-Find out 'Stanya sodhaka' dravyas in the following

A:-Thriphala

B:-Nimba-patola

C:-Trayamana-amrutha

D:-All the above

Correct Answer:- Option-D

Question93:-Anubhanda dosha in Sooryavartha

A:-Vatha

B:-Pitta

C:-Kapha

D:-Raktha

Correct Answer:- Option-B

Question94:-Siraveda is advised in

A:-Darunaka

B:-Surya vartha

C:-Both of the above

D:-Krimija sirasoola

Correct Answer:- Option-C

Question95:-Intra ocular lens is indicated in

A:-Diabetic Retinopathy

B:-High Myopia

C:-Unilateral cataract

D:-All the above

Correct Answer:- Option-D

Question96:-Commonest site of brain abscess due to C.S.O.M.

A:-Frontal lobe

B:-Parital lobe

C:-Cerebellar lobe

D:-None of these

Correct Answer:- Option-D

Question97:-According to Caraka, Vardhamana kalpa is not applicable to

A:-Nagabala

B:-Pippli

C:-Ballathaka

D:-None of the above

Correct Answer:- Option-D

Question98:-Find out false regarding dose of silajathu rasayana as per Caraka

A:-1 Pala is Uttama matra

B:-1/2 Pala is madhyama matra

C:-1 Karsha is avara matra

D:-None

Correct Answer:- Option-D

Question99:-Apathya Santhanakaram is due to

A:-Rasayanam

B:-Vajeekaranam

C:-Sodhan

D:-Brimhana

Correct Answer:- Option-B

Question100:-Find out sukra stambhana dravyas in the following

A:-Kasthuri-gorochana

B:-Jathyphala-ahiphena

C:-Agnijara-akarakarabha

D:-None of these

Correct Answer:- Option-D