

# FINAL ANSWER KEY

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Question1:-Who is the first Chairman of the Planning Commission of India ?

- A:-Dr. Rajendra Prasad
  - B:-M. Vishweshwarayya
  - C:-A. Dalal
  - D:-Jawaharlal Nehru
- Correct Answer:- Option-D

Question2:-'Mount Kailas' is situated in

- A:-Gangothri
  - B:-Nepal
  - C:-Tibet
  - D:-None of these
- Correct Answer:- Option-C

Question3:-When did the Reserve Bank of India establish ?

- A:-April 1, 1935
  - B:-April 1, 1940
  - C:-April 1, 1946
  - D:-April 1, 1950
- Correct Answer:- Option-A

Question4:-Revolt of 1857 is commenced at

- A:-Delhi
  - B:-Meerat
  - C:-Barrackpore
  - D:-Lahore
- Correct Answer:- Option-B

Question5:-'Do or Die' is a great slogan of our nation which is formulated by Mahatma. This slogan is related to

- A:-Salt Sathyagraha
  - B:-RIN Revolt
  - C:-INA Struggle
  - D:-Quit India Movement
- Correct Answer:- Option-D

Question6:-'Sandal Forest' is situated in

- A:-Marayoor
  - B:-Wayanad
  - C:-Munnar
  - D:-Iravikkulam
- Correct Answer:- Option-A

Question7:-Peruvannamoozhi Dam is situated in

- A:-Kozhikode
  - B:-Kannur
  - C:-Malappuram
  - D:-Kasargode
- Correct Answer:- Option-A

Question8:-Which district got the largest area of forest ?

- A:-Kollam
  - B:-Idukki
  - C:-Pathanam Thitta
  - D:-Palakkad
- Correct Answer:- Option-B

Question9:-Sasthankotta Water Lake is situated in the district of

- A:-Alappuzha

B:-Thiruvananthapuram

C:-Ernakulam

D:-Kollam

Correct Answer:- Option-D

Question10:-Pappinisseri in Kannur district is famous for

A:-Mangroves

B:-Moderate dense forest

C:-Open forest

D:-Dense forest

Correct Answer:- Option-A

Question11:-'Swamithope' is the birth place of a great social reformer. What is the name of the person ?

A:-Sree Narayana Guru

B:-Pandit Karuppan

C:-T.K. Madhavan

D:-Vaikunda Swamikal

Correct Answer:- Option-D

Question12:-Who is the founder of "Ananthamatham" ?

A:-Mannatha Padmanabhan

B:-Ananthatheerathan

C:-Brahmananda Sivayogi

D:-Agamanantha Swami

Correct Answer:- Option-C

Question13:-'Kanneerum Kinavum' is a great work of

A:-V.T. Bhattathirippadu

B:-Sahodaran Ayyappan

C:-E.M.S.

D:-Chembaka Raman Pillai

Correct Answer:- Option-A

Question14:-E.M.S. was the editor of a publication. Which is the publication ?

A:-Unni Namboothiri

B:-Prabhatham

C:-Swadeshbhimani

D:-Patayani

Correct Answer:- Option-B

Question15:-In 1924, Aluva witnessed a religious conference. Who was the organiser of this conference ?

A:-Chattambiswamikal

B:-Vakkam Moulavi

C:-Sree Narayana Guru

D:-Kumaranasan

Correct Answer:- Option-C

Question16:-Recently, a Volleyball player got Arjuna Award. Mention the name.

A:-John Paul Anchery

B:-Tom Jose

C:-I.M. Vijayan

D:-Jimmy George

Correct Answer:- Option-B

Question17:-'Operation Kubera' is related to the hunting of

A:-Sand mafia

B:-Gold merchants

C:-Money lenders

D:-Criminals

Correct Answer:- Option-C

Question18:-What is the name of Indian Finance Minister ?

A:-Rajnath Singh

B:-Sushma Swaraj

C:-P. Chidambaram

D:-Arun Jaitley

Correct Answer:- Option-D

Question19:-'Samskaram' is a great novel. Who is the author ?

- A:-M. Mukundan
- B:-Bimal Mithra
- C:-U.R. Anandamoorthi
- D:-Niranjana

Correct Answer:- Option-C

Question20:-Arab-Jew conflict is a continuous struggle in Palestine now. Name the organisation that fight for the Arabs.

- A:-PLO
- B:-Hamas
- C:-Arab League
- D:-None of these

Correct Answer:- Option-B

Question21:-Mahat panchamoola is

- A:-Tridoshahara
- B:-Vathapithahara
- C:-Kaphavatahara
- D:-Pithakaphahara

Correct Answer:- Option-C

Question22:-Sarva ritu yougika virechana oushadha yoga is

- A:-Avipathi choorna
- B:-Manibadra gulam
- C:-Misraka sneha
- D:-Kalyana gulam

Correct Answer:- Option-D

Question23:-Prakaara is a type of

- A:-Tantranguna
- B:-Tantradosha
- C:-Arthasraya
- D:-Tacchillya

Correct Answer:- Option-D

Question24:-Rookshana kriya before Snehapana is compulsorily done in

- A:-Theekshnagni
- B:-Mandagni
- C:-Vishamagni
- D:-All the above

Correct Answer:- Option-C

Question25:-Hridayoparodha is a symptom seen in the Vegarodha of

- A:-Pureesha
- B:-Jrimbha
- C:-Sukra
- D:-Kshuth

Correct Answer:- Option-A

Question26:-What are the constituents of Pentavalent Vaccine ?

- A:-DPT, Hepatitis B, Hib
- B:-DT, Hepatitis A, Hib
- C:-IPV, Hepatitis B, Hib
- D:-OPV, Hepatitis A, Hepatitis B

Correct Answer:- Option-A

Question27:-Excessive usage of which rasa leads to Timira ?

- A:-Kashaya
- B:-Katu
- C:-Amla
- D:-Thiktha

Correct Answer:- Option-C

Question28:-Which type of Sweda is mentioned for Baala ?

- A:-Hastha sweda
- B:-Bashpa sweda
- C:-Kumbi sweda
- D:-Parisheka sweda

Correct Answer:- Option-A

Question29:-Santharpana recommended for Rooksha sareera is in

- A:-Varsha ritu
- B:-Greeshma ritu
- C:-Sisira ritu
- D:-Hementha ritu

Correct Answer:- Option-B

Question30:-Mention the disease occur due to Asamyak vamana

- A:-Prameha
- B:-Visarpa
- C:-Pleechodara
- D:-Udarda

Correct Answer:- Option-D

Question31:-Nirvikalpaka is a type of

- A:-Anumana
- B:-Upamana
- C:-Prathyaksha
- D:-Yukthi

Correct Answer:- Option-C

Question32:-Dengue fever is a \_\_\_\_\_ disease.

- A:-Water borne
- B:-Air borne
- C:-Vector borne
- D:-Food borne

Correct Answer:- Option-C

Question33:-Sravani belongs to

- A:-Madhura skanda
- B:-Thiktha skanda
- C:-Amla skanda
- D:-Kashaya skanda

Correct Answer:- Option-A

Question34:-In Uthama Sodhana, peyadi karma done for

- A:-9 days
- B:-7 days
- C:-6 days
- D:-5 days

Correct Answer:- Option-B

Question35:-Infant Mortality Rate is

- A:-Number of death under age 5 years X 1000 + Live birth in the same year
- B:-Number of death under age 1 year X 1000 + Live birth in the same year
- C:-Number of death under age 1 year X 100 + Live birth in the same year
- D:-Number of death under age 1 year X 1000 + Total child death in the same year

Correct Answer:- Option-B

Question36:-Katu, Amla and Lavana rasas should be avoided in

- A:-Vasantha ritu
- B:-Greeshma ritu
- C:-Varsha ritu
- D:-Hemantha ritu

Correct Answer:- Option-B

Question37:-Influenza is an infectious disease caused by

- A:-Arbo virus
- B:-Salmonella
- C:-Alpha virus
- D:-RNA virus

Correct Answer:- Option-D

Question38:-Sasneha kalka abhikarshanam is

- A:-Udvarthana
- B:-Ulkarshana
- C:-Ulsaadana
- D:-Samvahana

Correct Answer:- Option-C

Question39:-Akaasha bhootha is omitted in which Darsana ?

- A:-Budha
- B:-Jaina
- C:-Charvaka
- D:-Vedantha

Correct Answer:- Option-C

Question40:-Vidagdhaajeerna is managed by

- A:-Swedana
- B:-Langhana
- C:-Vamana
- D:-Virechana

Correct Answer:- Option-C

Question41:-Dhasamoola Panchakoladi Kashayam is indicated in

- A:-Jadaram
- B:-Kasam
- C:-Jwaram
- D:-Arshas

Correct Answer:- Option-A

Question42:-In which of the following yoga, "Rasayana thama" is indicated ?

- A:-Maharaja prasarani thailam
- B:-Gandha thailam
- C:-Ksheera bala thailam
- D:-Dhanwantharam thailam

Correct Answer:- Option-C

Question43:-When Vayu is located in skanda, vaksha, thrika and manya, which of the following therapy is indicated

- A:-Snehapuna and Virechana
- B:-Sweda and Basti
- C:-Swedana and Vamana
- D:-Vamana and Nasya

Correct Answer:- Option-D

Question44:-In which of the following diseases "Sthabdha and Arbuda" are indicated as asadhya lakshana ?

- A:-Kushtam
- B:-Pakshavadam
- C:-Apathanthrakam
- D:-Vatha sonitham

Correct Answer:- Option-D

Question45:-The condition thrombo cytopenic purpura can be treated according to which disease mentioned in Ayurveda ?

- A:-Seetha pitha
- B:-Raktha pitha
- C:-Vatha raktha
- D:-Visarpa

Correct Answer:- Option-B

Question46:-"Manovikara thrishna asrapitha" these symptoms are seen in which roga ?

- A:-Vata gulma
- B:-Unmada
- C:-Udavartha
- D:-Apasmara

Correct Answer:- Option-C

Question47:-Which of the following is used as Samjna Prabhodhana Nasya ?

- A:-Anu thailam
- B:-Ksheera bala
- C:-Naree ksheera
- D:-Mridwikadi

Correct Answer:- Option-D

Question48:-Avapeedaka Snehapana is prescribed in which of the following diseases ?

- A:-Netra roga
- B:-Muthra roga
- C:-Prameham

D:-Vrikka roga

Correct Answer:- Option-B

Question49:-"Maha gadam, maha vegam agnivath seegra kari cha" this is mentioned in which disease ?

A:-Grahani

B:-Vata vyadi

C:-Raktha pitham

D:-Agni visarpa

Correct Answer:- Option-C

Question50:-"Dukha prasaveenam cha vandyanam cha prasasyathey" this is mentioned in which yoga ?

A:-Dhanwanthara gritham

B:-Phala sarpis

C:-Kalyanaka gritham

D:-Dadimadi gritham

Correct Answer:- Option-D

Question51:-The Author of Sidhantha Nidana is

A:-Chakrapani

B:-Gananadh Sen

C:-Kaviraj N. N. Sen

D:-Arunadathan

Correct Answer:- Option-B

Question52:-"Nithyamatha Khadel Rasayana" this is mentioned in which yoga ?

A:-Brahma Rasayanam

B:-Chyavana Prasa Rasayanam

C:-Agasthya Rasayanam

D:-Amalakee Rasayanam

Correct Answer:- Option-C

Question53:-The formulation "Seetha Mathanga Simham" is mentioned in which text ?

A:-Yogaratanakaram

B:-Bhaishajya Ratnavali

C:-Sarvaroga Chikitsa Nool

D:-Charaka Samhitha

Correct Answer:- Option-B

Question54:-Application of Eranda thaila in avarana is mentioned in which chapter in Ashtanga Hrudaya ?

A:-Udaram

B:-Vata Sonitham

C:-Gulmam

D:-Vata Vyadhi

Correct Answer:- Option-A

Question55:-Thrijathakadi Leham is mentioned in which roga ?

A:-Arshas

B:-Rajyakshama

C:-Swasam

D:-Kasam

Correct Answer:- Option-D

Question56:-"Gridrasi paksha vadadishu virechana arheshu vata rogeshu" the suitable remedy is

A:-Thuvaraka thailam

B:-Karpasasthyadi thailam

C:-Karaskara gritham

D:-Eranda thailam

Correct Answer:- Option-D

Question57:-Thiryagga Siras are mentioned in detail in

A:-Ashtanga Hrudaya

B:-Sidhantha Nidanam

C:-Susrutha Samhita

D:-Charaka Samhita

Correct Answer:- Option-C

Question58:-Which gana is more suitable for Urdhwa gathi of vata ?

A:-Jeevaneeya gana

B:-Vidaryadi gana

C:-Padmakadi gana

D:-Patoladi gana

Correct Answer:- Option-B

Question59:-"Ama vathey kadee shooley pachano ruk pranasana" is indicated in which kwatha formulation ?

A:-Cheriya rasnadi kwatham

B:-Shundi gokshuradi kwatham

C:-Maha rasnadi kwatham

D:-Rasna saphthakam kwatham

Correct Answer:- Option-B

Question60:-Sopha vivarnya and ruja are seen in which of the agantuka jwara ?

A:-Abhishanga

B:-Abhighata

C:-Abhisapha

D:-Abhichara

Correct Answer:- Option-B

Question61:-"Asanka grahani dosha pandu gulmo udareshu cha" is mentioned in which chapter ?

A:-Pandu

B:-Arshas

C:-Gulma

D:-Grahani

Correct Answer:- Option-B

Question62:-"Su krichran pithajan gadan" is indicated in which yoga ?

A:-Satavaree gulam

B:-Satha dautha gritham

C:-Thikthaka gritham

D:-Dadimadi gritham

Correct Answer:- Option-C

Question63:-In which of the vata vyadi, vata gets Urdwagati ?

A:-Arditam

B:-Apathanthrakam

C:-Manyasthambam

D:-Apabahukam

Correct Answer:- Option-B

Question64:-Rama Lakshmana Sita cha Ravana cha Vibeeshanam ethey kwatha \_\_\_\_\_ hanthi.

A:-Vathasonitham

B:-Athisaram

C:-Jwaram

D:-Pravahika

Correct Answer:- Option-C

Question65:-Use of chandana in shadanga kashaya will help to get

A:-Trut jwarapaha

B:-Raktapitha harana

C:-Chardi nashanam

D:-Vishaharam

Correct Answer:- Option-B

Question66:-In nagaradi kashaya/amruthotharam (nagaraamrutha hareethai...) the quantity of hareethaki is

A:-4

B:-6

C:-2

D:-8

Correct Answer:- Option-A

Question67:-Chiruvilwadi kashaya is indicated for

A:-Soola

B:-Krimighna

C:-Jataragni vardhana

D:-Jwaraharam

Correct Answer:- Option-C

Question68:-Karanjadi ghrutha in Susrutha Samhita is used in

A:-Kadara

B:-Aroomshika

C:-Tilakala

D:-Vidradhi

Correct Answer:- Option-D

Question69:-Anupana of Rasna Saptakam Kwatham is

A:-Nagara choorna

B:-Makshika

C:-Pancha kola

D:-Taila

Correct Answer:- Option-A

Question70:-Phalasaruthi of yogarajagulgulu include

A:-Parinamasoola

B:-Kadaram

C:-Durnnamani

D:-Switram

Correct Answer:- Option-C

Question71:-Contents of ashtakshari gulika includes the following except

A:-Naga phena

B:-Rasna

C:-Hingula

D:-Mustha

Correct Answer:- Option-B

Question72:-Bahusala gulam is used in

A:-Kushta

B:-Bhagandara

C:-Karnasoola

D:-Arsas

Correct Answer:- Option-D

Question73:-Bhaskara Choornam is effective in

A:-Peenasam

B:-Kukoonakam

C:-Timiram

D:-Siragranthi

Correct Answer:- Option-C

Question74:-Aswagandharishtam is indicated in the following except

A:-Apasmara

B:-Atisara

C:-Sosha

D:-Unmada

Correct Answer:- Option-B

Question75:-Mashadi taila gives excellent results in

A:-Vatha roga

B:-Kapha pitha roga

C:-Paithika roga

D:-Kapha rakthaja roga

Correct Answer:- Option-A

Question76:-In Gulguluthikthaka ghruta quantity of gulgulu is

A:-10 pala

B:-15 pala

C:-8 pala

D:-5 pala

Correct Answer:- Option-D

Question77:-One among the following is not a cause of death in a burn case

A:-Shock

B:-Bacteraemia

C:-Toxaemia

D:-Septicaemia

Correct Answer:- Option-B

Question78:-What is the intensity of the radiation to cause 100% mortality in a human being ?



A:-More than 500 rads

B:-More than 200 rads

C:-More than 100 rads

D:-More than 50 rads

Correct Answer:- Option-A

Question79:-Rajimantha is a snake having the zoological name

A:-Python molurus

B:-Naja naja

C:-Bungarus fasciatus

D:-Naja bungarus

Correct Answer:- Option-C

Question80:-According to Susruta Samhita qualities of visha are \_\_\_\_\_ in number.

A:-12

B:-6

C:-8

D:-10

Correct Answer:- Option-D

Question81:-According to Charaka dushtavrana chikitsa are \_\_\_\_\_ in number.

A:-12

B:-36

C:-60

D:-15

Correct Answer:- Option-B

Question82:-Rule of Wallace is used in

A:-Burns

B:-Fistula-in-ano

C:-Haemorrhoids

D:-Tumours

Correct Answer:- Option-A

Question83:-Srunga is used in diseases of \_\_\_\_\_ origin.

A:-Kaphaja

B:-Paithika

C:-Vathika

D:-Sannipathika

Correct Answer:- Option-C

Question84:-Kunchita is an improper application of \_\_\_\_\_ procedure.

A:-Agnikarma

B:-Ksharakarma

C:-Prachana

D:-Siravedha

Correct Answer:- Option-D

Question85:-Which among the following is a Sthanyanasana hetu ?

A:-Krodha

B:-Vyavaya

C:-Jagarana

D:-Divaswapna

Correct Answer:- Option-A

Question86:-Soothikothana is to be done on completion of \_\_\_\_\_ after delivery.

A:-`6^(th)` day

B:-`10^(th)` day

C:-`12^(th)` day

D:-`16^(th)` day

Correct Answer:- Option-B

Question87:-Which among the following is to be avoided in infants ?

A:-Vamana

B:-Snana

C:-Virechana

D:-Moordha taila

Correct Answer:- Option-C

Question88:-Which dosha is predominant in thalu kantaka ?

A:-Raktha

B:-Vata

C:-Pitha

D:-Kapha

Correct Answer:- Option-D

Question89:-The number of asastrakrita nethra rogas are

A:-12

B:-14

C:-10

D:-8

Correct Answer:- Option-A

Question90:-The surgical treatment in kukoonaka is

A:-Chedana

B:-Bhedana

C:-Lekhana

D:-Vyadhana

Correct Answer:- Option-C

Question91:-Which among the following is a bhedyaroga according to Susruta ?

A:-Kumbheeka

B:-Anjana

C:-Sikata varthjma

D:-Sirajalam

Correct Answer:-**Question Cancelled**

Question92:-Mahaneela Gulika is indicated in

A:-Kshata sukla

B:-Arma

C:-Sukthika

D:-Sudha sukla

Correct Answer:- Option-D

Question93:-Number of Abhaya in Bhrahma rasayanam

A:-1000

B:-2000

C:-3000

D:-4000

Correct Answer:- Option-A

Question94:-Period of intake of Thriphala Rasayanam

A:-6 months

B:-1 year

C:-2 years

D:-3 months

Correct Answer:- Option-B

Question95:-Which among the following is strictly contra indicated in bhallathaka rasayana seva ?

A:-Milk

B:-Water

C:-Kulatha

D:-Kodrava

Correct Answer:- Option-C

Question96:-Anupana for madhuka churna when used as vajeekaranaoushadha

A:-Ksheera and Sita

B:-Guda and Madhu

C:-Madhu and Sita

D:-Gritha and Madhu

Correct Answer:- Option-D

Question97:-Honey comb Appearance in HSG is suggestive of

A:-Turner's syndrome

B:-Cushing's syndrome

C:-Sheehan's syndrome

D:-Asherman's syndrome

Correct Answer:- Option-D

Question98:-Dosha predominance in Atyananda yoni vyapat is

A:-Vata

B:-Pitha

C:-Kapha

D:-Thridoshaja

Correct Answer:- Option-C

Question99:-Which among the following is not included under Ashtavidha garbha vyapath ?

A:-Nagodara

B:-Rakthagulma

C:-Vishkambha

D:-Gooda Garbha

Correct Answer:- Option-B

Question100:-Number of pelvic bones according to Charaka

A:-3

B:-4

C:-5

D:-6

Correct Answer:- Option-A